

Straight To Memphis

拍數: 48 牆數: 4 級數: Improver
編舞者: Rita Macinskiene (LIT) - September 2018
音樂: Straight to Memphis - Club des Belugas : (YouTube - 5:22)



Intro: 8 counts

(1-8) Kick R fwd, step R back, kick L back, step L fwd, pivot ½ turn L twice

1-4 Kick R fwd (1), step R back (2), kick L back (3), step L fwd (4)
5-8 Step R fwd (5), pivot ½ turn L (6), step R fwd (7), pivot ½ turn L (8)

(9-16) Boogie walks fwd (keeping weight on balls), drop both heels down

1-2-3 & 4 & Step R fwd (turn R toe in) (1), step L fwd (turn L toe in) (2), step R fwd (turn R toe in) (3), step L fwd (turn L toe in) (&), step R fwd (turn R toe in) (4), step L fwd (turn L toe in) (&)
5-6-7 & 8 & Step R fwd (turn R toe in) (5), step L fwd (turn L toe in) (6), step R fwd (turn R toe in) (7), step L fwd (turn L toe in) (&), step R fwd (turn R toe in) (8), drop both heels down (&)

(17-24) Learning fwd x 2, R kick ball change x 2

1-4 Learn fwd (shimmy shoulders as you learn) (1), straighten out (2), learn fwd (shimmy shoulders as you learn) (3), straighten out (4)
5&6-7&8 Kick R fwd (5), step R next to L (&), change weight to L (6), kick R fwd (7), step R next to L (&), change weight to L (8)

(25-32) R triple turning ¼ R, L triple turning ½ R, R kick back diagonal, L kick back diagonal

1&2-3&4 Step R to R side turning ¼ R (1), close L to R (&), step R to R side (2), step L to L side turning ½ R (3), close R to L (&), step L to L side (4) (9:00)
5-8 Kick R back diagonal (5), step R next to L (6), kick L back diagonal (6), step L next to R (8)

(33-40) R jazz box, R jazz box turn ¼ R

1-4 Cross R over L (1), step back on L (2), step R to R side (3), step fwd on L (4)
5-8 Cross R over L (5), step back on L (6), step R to R side turning ¼ R (7), step fwd on L (8)

(41-48) R triple turning ¼ R, L triple turning ½ R, R sailor step, L sailor step turn ½ L (3:00)

1-4 Step R to R side turning ¼ R (1), close L to R (&), step R to R side (2), step L to L side turning ½ R (3), close R to L (&), step L to L side (9:00)
5&6-7&8 Cross R behind L (5), step L to L side (&), step R to R side (6), cross L behind R (7), step R to R side turning ½ L (&), step L fwd (8) (3:00)