Songs My Mother Taught Me

級數: Intermediate

編舞者: Rex Chuan (USA) - December 2018

音樂: Songs My Mother Taught Me - Marie-Anne Izmajlov

Start: Dance start after 16 counts with vocal

S1: Rock-Recover-Side X2, 4-Step Turn, Rock-Recover

- RF cross rock behind LF(1), recover(2), RF R(a), LF cross rock behind RF(3), recover(4), LF 1 2a3 4a L(a)
- 5&6&78 R half turn and RF forward(5), R half turn and LF backward(&), R half turn and RF forward(6), R quarter turn and LF backward(&), RF back rock(7), recover(8) (9:00)

S2: Half Diamond, Spiral Turn, Ball Step, Together

- RF forward(1) LF sweep forward, LF land across RF(2), L quarter turn and RF backward(a) 1 2a
- 3 4a LF backward(3) and RF sweep back, RF land behind RF(4), L quarter turn and LF forward(a)
- RF forward(5) and L full turn on RF, LF forward(6),L 1/2 turn and RF forward(a), 5 6a
- 78 L half turn and LF (7), RF forward(8) and LF sweep forward (7:30)

S3: Cross X3, Ball Step, Cross, Back, Turn Forward, Sweep Forward and Backward, Swivel, Hook

- 12 LF cross RF(1) and RF sweep forward, RF cross LF(2) and LF sweep forward
- LF cross RF(3), L 1/8 turn RF slightly R(a), LF cross behind RF(4) and LF sweep backward, 3a4a LF backward on ball(a)
- 5678 Quickly L half turn and LF forward(5) and sweep RF forward, RF end the sweep across LF(6) and sweep backward, R swivel turn(7), RF hook(8) (6:00)

S4: Forward, Sweep and Forward, Rock Recover, Ball Step Rock Recover, Weave

- 123 RF forward(1) and LF sweep forward, L 1/2 turn and LF forward(2), RF rock forward(3)
- 4a5 Recover(4), R quarter turn and RF R on ball(a), R quarter turn and LF rock forward(5)
- 6a7a8a Recover(6), LF L(a), RF cross LF(7), LF L(a), RF cross behind LF(8), LF L(a) (12:00)

S5: Forward, Cross, Ball Step, Together, Cross, Ball Step, Backward, Cross, Ball Step, Forwawrd, Cross, Ball Step

- RF forward(1) and LF sweep forward, LF cross RF(2), RF R on ball(a), LF together(3) 1 2a3
- RF cross LF(4), LF L on ball(a), RF backward(5) and LF sweep backward 4a5
- 6a7 8a LF cross behind RF(6), RF R on ball(a), LF forward(7) and RF sweep forward, RF cross LF(8), LF L on ball(a) (12:00)

S6: Backward, Cross, 2-Step Half Turn

1234 RF backward(1) and LF sweep backward, LF cross behind RF(2), R guarter turn and RF forward(3), R quarter turn and LF L(4) (6:00)

Restart: after S5 of first wall, restart facing 12:00

Enjoy the dance!





拍數: 44

牆數:2