

# You Are The Only One

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Melvin Tan (MY) - October 2018  
音樂: Only You In My Heart (我的心裡只有你沒有他) - Tiger Huang (黃小琥)



Dance Start after intro 80 counts

SOD: 64 48 28 64 48 60&1

Intro 80 counts

iSection 1&2:

1 2 3 4      Put Right Hand on Chest, Touch RF to R ( 我的心里。。 )  
5 6 7 8      Point Right Finger forward (只有你。。 )  
1 - 8      Slowly Roll Right Wrist from Up to Down, RF Slowly Slice In (没有他。。 )

iSection 3&4:

1 2 3 4      Point Left Finger Forward, Touch LF to L (你要相信。。 )  
5 6 7 8      Put Left Hand on Chest (我的情意。。 )  
1 - 8      Slowly Roll Left Wrist from Up to Down, LF Slowly Slice In (并不假。。 )

iSection 5&6:

1 2 3 4      Step RF Forward, Hold ( 只有你才。。 )  
5 6 7 8      Pivot 1/2L Turn, Hold ( 是我梦想。。 )  
1 2 3 4      Step RF Forward, Hold ( 只有你才。。 )  
5 6 7 8      Pivot 1/2L Turn, Hold ( 叫我牵挂。。 )

iSection 7:

1 2 3 4      Step RF next to LF, Step LF,RF,LF on spot with hip sway

Hand styling: Roll both wrist on top (我的心里没有。。 )

5 6 7 8      Step RF,LF,RF,LF on spot with hip sway

Hand styling: Roll both wrist from up to down ( 他。。。。 )

iSection 8:

1 - 8      Steps on spot on RF,LF,RF,LF.....

iSection 9:

1&2 3&4      Right Mambo, Left Mambo

5&6 7&8      RF Forward Mambo, LF Back Mambo

iSection 10:

1&2 3&4      Right Mambo, Left Mambo

5 6 7 8      Touch RF Forward & Raise Both Hands Up (5), Hold (6, 7, 8)

Dance 64 counts

Section 1: Walk Walk, Forward Cha Cha, Rock Recover, Back Cha Cha

1 2      Forward walk on RF, LF  
3 & 4      Forward Shuffle on RF,LF,RF  
5 6      Rock LF Forward, Recover on RF  
7 & 8      Back Shuffle on LF,RF,LF

Section 2: Side Rock Cross Shuffle x2

1 2      Rock RF to R, Recover on LF  
3 & 4      Cross RF over LF, Step LF to L, Cross RF over LF  
5 6      Rock LF to L, Recover on RF

7 & 8 Cross LF over RF, Step RF to R, Cross LF over RF

**Section 3: Jazz Box Cross, Jazz Box ¼ Turn**

1 2 3 4 Cross RF Over LF, Step LF Back, Step RF to R, Cross LF Over RF

5 6 7 8 Cross RF Over LF, 1/4R Turn Step LF Back, Step RF to R, Cross LF Over RF(3:00)

**Section 4: Step Touch 2x, Touch, Body Roll**

1 2 3 4 Step RF to R, Touch LF next to RF, Step LF to L, Touch RF next to LF

5 6 7 8 Touch RF Forward(5), Body Roll (6,7, 8) (3:00)

**Section 5: ½ Turn Forward Cha Cha x2, Mambo Touch**

1 2 Step on RF, ½ Turn Right, (9:00)

3 & 4 Forward Shuffle on RF,LF,RF

5 & 6 Forward Shuffle on LF,RF,LF

7 & 8 Step RF Forward, Recover on LF, Touch RF next to LF (9:00)

**Section 6: R Side Chasse, Rock Back, L Side Chasse, Rock Back**

1 & 2 Right Side Chasse on RF, LF, RF

3 4 Rock LF Back, Recover on RF

5 & 6 Left Side Chasse on LF,RF,LF

7 8 Rock RF Back, Recover on LF (9:00)

**Section 7: 1/4L Turn Cross Shuffle, 3/4R Turn Forward Shuffle**

1 2 Step RF Forward, 1/4L Turn, (6:00)

3 & 4 Cross RF over LF, Step LF to L, Cross RF over LF

5 6 1/4R Turn Step LF Back, 1/2R Turn Step RF Forward (3:00)

7 & 8 Forward Shuffle on LF,RF,LF (3:00)

**Section 8: Step Touch Forward, Step Touch Back x2, Kick Ball Touch**

1 2 Step RF Forward, Touch LF to L, (3:00)

3 4 Step LF Back, Touch RF to R

5 6 Step RF Back, Touch LF next to RF

7 & 8 Kick LF Forward, Step on ball on LF, Touch RF next to LF (3:00)

**\*1st Restart at Wall 2 after 48 counts (facing 12:00)**

**\*\*2nd Restart at wall 3 after 28 counts (facing 3:00)**

**\*\*\*3rd Restart at wall 5 after 48 counts (facing 3:00)**

**Ending at wall 6 dance to 60 counts (facing 6:00)**

**+1 count straightly ½ turn to front wall do an ending pose.**

**ENJOY!**

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