

Elf On The Shelf Song

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - December 2018
音樂: Elf on the Shelf Song - Lucas and Juliet



RF STOMP TWICE, RF MAMBO BACK, LF STOMP TWICE, LF MAMBO BACK

1-2 Stomp RF in place twice
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Stomp LF in place twice
7&8 Rock LF back, Recover RF, Step LF beside right

TWIST TURN 1/2 L, RF KICK-BALL CHANGE, LARGE STEP SIDE/SLIDE, STOMP R,L)

1-2 Cross RF over L, hold, Untwist the feet 1/2 pivot Left
3&4 Kick RF forward, Step RF together, Step LF together, hold
5&6 RF step large step right, Slide LF beside R, Stomp LF down
7&8 LF step large step left, Slide RF beside L, Stomp RF down

DIAGONAL SHUFFLES FORWARD, LARGE STEP PIVOTS 1/2 L, 1/4 L

1&2 Step RF forward diagonally right, (R,L,R)
3&4 Step LF forward diagonally left (L,R,L)
5-6 Large step RF forward, Pivot 1/2 turn left, hold (weight on left)
7-8 Large step RF forward, Pivot 1/4 turn left, hold (weight on left)

HEEL BOUNCES X 2 (RL), CHUGS X 2 (FWD, BACK, BACK)

1-2 Bounce on RF heel twice
3-4 Bounce on LF heel twice
5-6 Placing feet apart, chug (scoot) forward on both feet, hold
7-8 Placing feet apart, chug (scoot) back on both feet twice

Note: it's a hip hop style so feel free to add in lots of arm and hand gestures and have fun with it!!!!

REPEAT - No Tags, No Restarts

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