Eternal Flame



拍數: 36 牆數: 2 級數: High Intermediate

編舞者: Rex Chuan (USA) - December 2018

音樂: Eternal Flame - The Bangles



Start: Start the dance after 8 counts of the music

S1: Cross Rock, Recover, Weave, Rock Recover, Weave, H Turn X2, Sailor Step Turn

12&3 RF cross rock(1), recover(2), RF R(&), LF cross RF(3)
4&5& RF rock R4), recover(&), RF cross LF(5), LF L(&)

6&78& Half turn R and RF forward(6), Half turn R and LF back(&), RF sweep back(7), RF cross

behind LF(8), L quarter turn and LF forward(&) (9:00)

S2: Rock Recover, Weave, Hitch Swivel, Rock Recover, Weave

12&3&4& RF rock forward(1), recover(2), RF R(&), LF cross behind RF(3), RF R(&), LF cross RF(4),

RF R(&)

56 Hitch RF(5) and swivel ³/₄ R, RF back(6) (6:00)

7&8& RF rock R(7), recover(&), RF cross LF(8), LF L(&) (7:30)

S3: Rock, Recover, Spiral Turn, Run x2, Pivot Turn, Three Step Turn, Forward

12&34&5 R 1/2 turn and RF rock back(1), recover(2), RF forward(&) and spiral L full turn(3), LF forward

on ball(4), RF forward on ball(&), LF forward(5)

67&8& Swivel R half turn on LF(6), shift weight on RF(7), R 1/2 turn and LF back(&), R half turn and

RF forward(8), quarter turn R and LF forward(&) (6:00)

S4: Forward, Pivot Turn, Flick Cross Side X2

1234 RF forward(1), LF forward(2), R swivel half turn on LF(3), weight back on RF(4) LF flick and cross RF(5), RF point R(6), RF flick and cross LF(7), LF point L(8)

S5: Forward, Flick, Spiral, Ball Step

123&4& LF forward(1), RF flick(2), L quarter turn and RF forward(3), L spiral 3/4 turn on RF(&4), LF L

on ball(&) (12:00)

*1st Restart: After the (S4)4th ct of the 3rd wall, facing 12:00, restart by adding a LF ball step (&), then RF cross (1) which is the start of S1.

**2nd Restart: After the (S3)3rd ct of the 4th wall, instead of landing LF at(4) as usual, land a bit later at (&), and Restart with RF cross(1) facing 9:00.

***3rd Restart: After the (S4)4th ct of the 5th wall, facing 9:00, restart by making a R quarter turn facing 12:00 and add a LF L ball step (&), then RF cross (1) which is the start of S1.

Ending: the dance ends naturally at the end of S5 facing 12:00, pose then in your style of choice.

Enjoy the dance!