

# Jingle Bell Rock (P)

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Phrased Improver  
編舞者: Leong Mei Ling (MY) - December 2018  
音樂: Jingle Bell Rock (Glee Cast Version) - Glee Cast



Intro: 16 counts (approx. 7 seconds) Sequence: AAB AAB AAB  
Starting position: Couples form a straight line down the hall, each couple facing respective partner.

## PART A

### SA1: Shuffle R, Back Rock, Vine L, Cross

1&2, 3-4      Step R to side, step L beside R, Step R to side, Rock L back, recover R  
5-8      Step L to left, step R behind L, Step L to side, cross R over L

### SA2: Shuffle L, Back Rock, Vine R, Cross

1&2, 3-4      Step L to side, step R beside L, Step L to side, Rock R back, recover L  
5-8      Step R to right, step L behind R, Step R to side, cross L over R

### SA3: Point, Step ( X4)

1-4.      Point R to right, small R step forward, Point L to left, small L step forward  
5-8      Repeat steps 1-4

Note: Your partner passes you on your left

### SA4: 1/8 Paddle Rocks (X4) or 1/8 Turning KBC (X4)

1-2.      Step R fwd, paddle 1/8 turn to left  
5-8      Repeat 3 more times until you've turn 1/2 around to the left (facing partner again)

Note: you can also choose to do Right Kick-Ball-Changes for counts 5-8 instead □

Note: You'll be facing your partner again

## PART B

### SB1: Basic Disco Rock, Turning Disco Rock

Note: Hold partner's hands

1-4.      R rocking chair (angle body slightly to the left, keeping partner on your right side)  
5-6.      Step R fwd, 1/2 right step L back  
7-8.      Rock R back, recover weight to L

### SB2: Basic Disco Rock, Turning Disco Rock

1-8      Repeat all of S1

### SB3: Twists R, Twist L

(Release hand hold)

1-4.      Twist both heels R, twist both toes R, twist both heels R, hold  
5-8      Twist both heels L, twist both toes L, twist both heels L, hold

### SB4: Out, Out, Heel Taps & Hip Bumps

1-2      Step R to side, hold (R arm up, palm face fwd)  
3-4      Step L to side, hold (L arm up, palm face fwd)  
5-8.      Bounce/Tap R heel, and bump hips. At the same time bring both hand's down wriggling fingers like snow falling.

Enjoy!

MERRY CHRISTMAS & A HAPPY NEW YEAR!

