

Say It

拍數: 32 牆數: 4 級數: Beginner
編舞者: Brandi Hughes (CAN) - December 2018
音樂: Say It - Lauren Mayell



Intro - 32 Counts – Start on Lyrics

Sec. 1. Vine, Step, Heel Swivel, Heel Split

- 1-2 Step Right to right side (1), Cross Left behind right (2)
- 3-4 Step Right to right side (3), Step Left beside right (4)
- 5-6 Swing both heels to right (5), Swing both heels back to center (6)
- 7-8 Swing both heels out (7), Bring both heels back to center (weight right)(8)

Sec. 2. Side Shuffle, Rock/Recover, Points (x3), Heel Flick

- 1&2 Step Left to left side (1), Step Right beside left (&), Step Left to left side (2)
- 3-4 Step Right back (3), Recover weight forward on Left (4)
- 5-6 Point Right to right side (5), Point Right across in front of left (6)
- 7-8 Point Right to right side (7), Bring Right Heel up and out to right side(8)

Sec. 3. Toe Struts (x2), Hip Bumps, Rock Recover

- 1-2 Step Right toe forward (1), Step Right heel down (2)
- 3-4 Step Left toe forward (3), Step Left Heel down (4)
- 5-6 Step Right forward bumping right hip forward (5), Bump Right hip forward (6)
- 7-8 Step back on Left back (7), Recover weight forward on Right (8)

Sec. 4. Shuffle Step Forward, Rock, Recover, ¼ Monterey Turn, Cross

- 1&2 Step Left forward (1), Step Right up beside left (&), Step Left forward (2)
- 3-4 Step Right forward (3), Recover weight back on Left (4)
- 5-6 Point Right toe to right side (5), Make ¼ turn right (3:00) stepping down on Right (6)
- 7-8 Point Left toe to left (7), Cross Left over right (8)

Have Fun!
