

Prod Groovy Room

COPPER KNOB
BY STEPHEN

拍數: 80 牆數: 1 級數: Phrased Advanced Improver
編舞者: Miko Yamamoto (INA), Yusni Zacharias (INA) & Shirley Kurniawati (INA) -
November 2018
音樂: NOAH (feat. Jay Park [박재범] & Hoody) - HAON



Sequence of dance: A-A-B-B (16 Count)-AAB-CCB-AAB-TAG-A-A(8 Count)-A1(8 CCount)-B(16 Count)

PART A (32 Count)

SECTION A1: CROSS OVER, SIDE, SIDE (RIGHT, LEFT), FORWARD LOCK, FORWARD LOCK SHUFFLE

1a2 Cross R over L, Step L to side, Step R to side
3a4 Cross L over R, Step R to side, Step L to side
4-6 Step R forward, Lock L behind R
7&8 Step R forward, Lock L behind R, Step R forward

SECTION A2: SYNCOPATED CROSS SHUFFLE, SIDE MAMBO (RIGHT, LEFT)

1&2& Cross L over r, Step R to side, Cross L over R, Step r to side
3&4 Cross L over R, Step r to side, Cross L over R
5&6 Rock R to side, Recover on L, Step R next to L
7&8 Rock L to side, Recover on R, Step L next to R

SECTION A3: FORWARD, KICK, ½ LEFT SAILOR COASTER, FORWARD & BACKWARD SAMBA

1-2 Step R forward, Kick L forward
3&4 Cross L behind R while turning ½ to L, Step R to side, Step L forward
5&6 Rock R forward, Recover on L, Step R next to L
7&8 Rock L back, Recover R, Step L next to R

SECTION A4: CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, PIVOT ½ TURN LEFT, TURN ½ RIGHT

1&2 Cross rock R over L, Recover on L, Step R to side
3&4 Cross rock R over L, Recover on L, Step R to side
5-6 Step L forward, Pivot ¼ R
7-8 Turn 1/8 R, Turn 1/8 R

PART B (32 Count)

SECTION B1: FULL VOLTA TURN (LEFT, RIGHT)

1& Make 1/4 turn L step L forward, Step on ball of R in place
2& Make 1/4 turn L step L forward, Step on ball of R in place
3& Make 1/4 turn L step L forward, Step on ball of R in place
4 Make 1/1 turn L step L forward
5& Make 1/4 turn R step R forward, Step on ball of L in place
6& Make 1/4 turn R step R forward, Step on ball of L in place
7& Make 1/4 turn R step R forward, Step on ball of L in place
8 Make 1/1 turn R step R forward

SECTION B2: OUT, OUT, BEND KNEE, BEND KNEE

1-4 L out, R out, Bend both knee, Return to position
5&6 Bend R arm&push R, L, R
7&8 Bend L arm&push L, R, L

SECTION B3: SWIVEL (RIGHT, LEFT)

1-4 Swivel both toe to R side, Swivel both heel to R side, Swivel both toe to R side, Swivel both heel to R side

5-8 Swivel both toe to L side, Swivel both heel to L side, Swivel both toe to L side, Swivel both heel to L side

SECTION B4: (FISH TAILS)X2

1-4 Step R forward diagonally R, Touch L beside R, Step L forward diagonally L, Touch R beside L

5-8 Step R back diagonally L, Touch L beside R, Step L back diagonally R, Touch R beside L

PART C (16 Count)

SECTION C1: (KICK BALL TOUCH)X2, BACK SHUFFLE (RIGHT, LEFT)

1&2 Kick R forward, Step on ball of R next to L, Touch L outside L

3&4 Kick L forward, Step on ball of L next to R, Touch R outside R

5&6 Step R back, Cross L over R, Step R back

7&8 Step L back, Cross R over L, Step L back

SECTION C2: FORWARD, TURN ½ RIGHT, TURN ½ RIGHT FORWARD LOCK SHUFFLE, TOUCH OUTSIDE, TOUCH BESIDE (LEFT, RIGHT)

1-2 Step R forward, Make ½ turn R step L back

3&4 Make ½ turn R step R forward, Lock L behind R, Step R forward

5&6& Touch L outside L, Step L next to R, Touch R outside R, Step R next to L

7-8 Big step L to side while drag R toward L, Step R next to L

Have Fun!

TAG: (4 Count)

1-4 Hip Bumps (4 count) right arm straight forward, left palm on head

For more informations about this dance please contact me at: febe.yamamoto@yahoo.com
