

# Good News

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Pol F. Ryan (ES) - December 2018  
音樂: Good News Travels Fast - Shenandoah



Step sheet by: Xavi Barrera

There is a four counts' Tag at the end of the second, fourth and sixth walls (see below)

There is a sixteen counts' at the end of the third wall (see below)

There is a Restart after the count 48 of the seventh wall

Ending: on the last wall, after count 60, kick long right, diagonally left-forward.

## STEP, STOMP, STEP, SCUFF, STEP, STOMP, STEP, HOOK

- 1- Step right forward, turning  $\frac{1}{4}$  turn to the left at the same time
- 2- Stomp left beside the right
- 3- Step left to the left, turning  $\frac{1}{4}$  turn to the left at the same time
- 4- Scuff right beside the left
- 5- Step right forward, turning  $\frac{1}{4}$  turn to the left at the same time
- 6- Stomp left beside the right
- 7- Step left to the left, turning  $\frac{1}{4}$  turn to the left at the same time
- 8- Hook right behind the left calf

## SWIVELS, HOOK, GRAPEVINE, CROSS

- 9- Step right to the right and move both heels to the right at the same time
- 10- Move both heels to the left
- 11- Move both heels to the right
- 12- Hook left behind the right calf
- 13- Step left to the left
- 14- Cross right behind the left
- 15- Step left to the left
- 16- Cross right over the left

## STEP, STOMP, RUMBA BOX, PAUSA, ROCK STEP

- 17- Step left to the left
- 18- Stomp right beside the left
- 19- Step right to the right
- 20- Step left beside the right
- 21- Step right forward
- 22- Hold
- 23- Rock left forward
- 24- Recover your weight on to the right

## $\frac{1}{2}$ TURN TOE STRUT x 2, SLOW COASTER STEP, HOLD

- 25- Touch left toe back
- 26- Lower left heel, turning  $\frac{1}{2}$  turn to the left at the same time
- 27- Touch right toe forward
- 28- Lower right heel, turning  $\frac{1}{2}$  turn to the left at the same time
- 29- Step left back
- 30- Step right beside the left
- 31- Step left forward
- 32- Hold

### **WALKING STEPS, STOMP, KICK, STEP, KICK, STEP**

- 33- Step right forward
- 34- Step left forward
- 35- Step right forward
- 36- Stomp left beside the right
- 37- Kick left forward
- 38- Step left back
- 39- Kick right forward
- 40- Step right back

### **KICK, STEP, KICK, STOMP, SWIVELS, HOOK**

- 41- Kick left forward
- 42- Step left back
- 43- Kick right forward
- 44- Stomp right forward
- 45- Move right heel to the right
- 46- Move right heel to center
- 47- Move right heel to the right
- 48- Hook right behind the left calf

**On the seventh wall, Restart at this point**

### **GRAPEVINE x 2**

- 49- Step right to the right
- 50- Cross left behind the right
- 51- Step right to the right
- 52- Stomp left beside the right
- 53- Step left to the left
- 54- Cross right behind the left
- 55- Step left to the left
- 56- Stomp right beside the left

### **ROCKING CHAIR, ¼ TURN STEP, STOMP, ¼ TURN STEP, HOOK**

- 57- Rock right forward
- 58- Recover your weight on to the left
- 59- Rock right back
- 60- Recover your weight on to the left
- 61- Step right forward, turning ¼ turn to the left at the same time
- 62- Stomp left beside the right
- 63- Step left to the left, turning ¼ turn to the left at the same time
- 64- Hook right behind the left calf

**Restart**

**TAG 1: Add these four counts at the end of the second, fourth, and sixth walls**

### **HEEL STRUT x 2**

- 1- Touch right heel forward
- 2- Lower right foot
- 3- Touch left heel forward
- 4- Lower left foot

**TAG 2: Add these sixteen counts at the end of the third wall**

### **GRAPEVINE x 2**

- 1- Step right to the right
- 2- Cross left behind the right
- 3- Step right to the right

- 4- Stomp left beside the right
- 5- Step left to the left
- 6- Cross right behind the left
- 7- Step left to the left
- 8- Stomp right beside the left

**½ TURN PIVOT, STEP, HOLD, ½ TURN PIVOT, STEP, HOLD**

- 9- Touch right forward
- 10- Pivot ½ turn to the left, on to the left foot
- 11- Step right forward
- 12- Hold
- 13- Touch left forward
- 14- Pivot ½ turn to the right, on to the right foot
- 15- Step left forward
- 16- Hold

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