

Rock And Roll Girls

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Jessica Townley (USA) - December 2018
音樂: Rock and Roll Girls - John Fogerty : (iTunes)



NO Tags or Restarts

INTRO: 32 Counts start on vocals

STEP, LOCK, STEP BRUSH 12:00

1-4 Step RF forward, lock LF behind, step RF forward, Brush LF
5-8 Step LF forward, lock RF behind, step LF forward, Brush RF

JAZZ BOX ¼ TURN RIGHT CROSS, WEAVE 3:00

1-4 Cross RF over LF, Step LF back, step right ¼ turn, Cross LF over Right
5-8 Step R to the right, Step L behind Right, Step R to the side, Cross LF over Right

SIDE ROCK, CROSS & HOLD, SIDE ROCK, CROSS & HOLD 3:00

1-4 RF Rock to the side, Recover on the LF, Cross RF over LF and Hold
5-8 LF Rock to the side, Recover on the RF, Cross LF over RF and Hold

PIVOT ½ TURN, KICK BALL CHANGE, TOE HEEL STRUTS 9:00

1-2 Step RF forward, turn left ½ turn weight shifts to the left foot
2-4 Kick RF forward, Recover weight to the ball of RF, Step LF next to RF
5-6 Step RF Toe and then Heel
7-8 Step LF Toe and the Heel

Notes: To make this a 2 wall dance remove the turn in the second sequence, replace With Jazz box cross, followed by a weave.

Dedicated to my Thursday dancers, the best group ever!

ENJOY!

Contact: J Townley: jnero919@yahoo.com