

Don't Do This, Please

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Please Don't... (아러지마 제발) - K.Will (케이윌)



Intro : 32 Counts

[1-8] Dorothy Step 2X, Mambo Step, Coaster Step

12& RF Step diagonally R forward, LF Cross behind, RF Step diagonally R forward
34& LF Step diagonally L forward, RF Cross behind, LF Step diagonally L forward
5&6 RF Step forward, LF Recover weight, RF Step backwards
7&8 LF Step backwards, RF Step together, LF Step forward

[9-16] Skate 2X, Mambo 1/2 Turn, Triple 1/2 Turn, Forward, Rock Step

1 2 LF Swivel heel L with RF Step diagonally R forward, RF Swivel heel R with LF Step diagonally L forward
3&4 RF Step forward, LF Recover weight, RF 1/2 Turn R, Step forward
5&6 LF 1/4 Turn R, Step L lightly, RF 1/4 Turn R, Step together (12:00), LF Step place
7&8 RF Step forward, LF Step forward, RF Recover weight

[17-24] Body Roll, Touch, Flick, Knee out, Boogie Side 2X

12& LF Touch backwards with start body roll, LF Step backwards with finish body roll, RF Step together
3&4 LF Touch backwards, LF Flick, LF 1/4 Turn L Touch place with knee out (9:00)
5&6& LF Step L with BF knee out, RF Step together with BF straighten knees, Step L with BF knee out, 1/4 Turn L Step together (6:00) with BF Straighten knees
7&8& RF Step R BF knee out, LF Step together with BF straighten knees, RF Step R with BF knee out push, RF Flick

[25-32] Pop Shoulder Up & down, Mambo, 1/4 Turn Backwards Sweep, Sailor, Applejack 3X

1&2 RF Touch place with knee out, Pop R shoulder up with L down, Pop L shoulder up with R down
3&4 RF Step forward, LF Recover weight, 1/4 Turn L Step backwards with LF sweep (3:00)
5&6& LF Step behind, RF Step together, LF Step L, RF Swivel heel L with LF Swivel toe L
7&8& BF Recover, LF Swivel heel R with Swivel toe R, BF Recover, RF Swivel heel L with LF Swivel toe L

* And LF Step Restart!

[TAG 1] 1/2 Pivot Turn, Sway 2X [After 2 wall (6:00)]

1 2 RF Step forward, LF 1/2 Turn L Step forward
3 4 RF Step together with hip sway, LF Step together with hip sway

[TAG 2] Side Step, Hold, Unwind Full Turn [After 6 wall(12:00)]

1 2 RF Step R arms side down, Hold arms side up
3 4 Hold with arms side up, LF Cross over
5 6 Start unwind full turn
7 8 Finish unwind full turn, hold

Last Update - 10 Oct. 2019