

A Better Man

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Kim Ray (UK) - December 2018
音樂: Loving You Makes Me a Better Man - Hal Ketchum : (Album: Lucky Stars)



Intro: 16 counts after beat kicks in (on vocals)

S1: STEP FORWARD TO RIGHT DIAGONAL, CROSS ROCK/RECOVER, CHASSE ¼ TURN LEFT, PIVOT ½ TURN LEFT, ½ TURN LEFT BACK LOCK STEP

1 Step forward and to right diagonal (1:30)
2-3 Cross rock left over right, recover back on right
4&5 Step left to left side, step right next to left, ¼ turn left stepping forward on left (9:00)
6-7 Step forward on right, ½ pivot turn left (3:00)
8&1 ½ turn left stepping back on right, cross left over right, step back on right (9:00)

S2: ¼ TURN LEFT STEP SIDE, POINT SIDE, ¼ TURN RIGHT, ROCK/RECOVER & 3/8 TURN STEP FORWARD, ROCK/RECOVER STEP BACK

2-3 ¼ turn left stepping left to left side, point right toe to right side (6:00)
4 ¼ turn right stepping forward on right, (9:00)
&5 Rock forward on left, 3/8 turn right recovering on right (1:30)
6-7 Step forward on left, step forward on right (1:30)
8&1 Rock forward on left, recover back on right, step back on left sweeping right out and back (1:30)

S3: BACK SWEEP X 2, COASTER STEP, PIVOT ½ TURN LEFT, REVERSE ½ TURN RIGHT, FULL TURN LEFT

2-3 Step back on right as you sweep left out and back, step back on left as you sweep right out and back
4&5 Step back on right, step left next to right, step forward on right (1:30)
6-7 ½ pivot turn left weight on left (7:30), reverse ½ turn right weight on right (1:30)
8&1 ½ turn right stepping back on left, ½ turn right stepping forward on right, step forward on left (1:30)

S4: ROCK/RECOVER, BACK LOCK STEP, TOE BACK, ½ TURN LEFT, ROCK/RECOVER

2-3 Rock forward on right, recover back on left
4&5 Step back on right, cross left over right, step back on right
6-7 Touch left toe back, ½ turn left taking weight on left (7:30)
8& Rock right forward to right diagonal, recover back on left

TO FINISH: Dance finishes facing the front on count 5 of Section 4 dragging left to right.

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