

Always Remember Us This Way

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Advanced
編舞者: EWS Winson (MY) - November 2018
音樂: Always Remember Us This Way - Lady Gaga



Intro: Start immediately (approx. 7 sec)

#1 (1-8) R Forward Rock & Recover, ½ (R) with R Forward, L Forward & R Spiral Full (R), R Forward, ½ (R) with L Back, ¼ (R) with R Side, L-R Sway, L Sway & 1/8 (L) with R Hitch, R-L Run Forward

- 1-2& Weight on LF: Rock RF forward (1), recover weight on LF (2), turn ½ R stepping RF forward (&) 6.00
- 3 Step LF forward while making a full turn over R shoulder, ended with RF crossing over LF (3) 6.00
- 4&5 Step RF forward (4), turn ½ R stepping LF back (&), turn ¼ R stepping RF to R side (5) 3.00
- 6&7 Sway body to L side (6), sway body to R side (&), sway body to L side turning 1/8 L while lifting R knee beside LF (7) 1.30
- 8& Run RF forward (8), run LF forward (&) 1.30

#2 (9-16) R Forward Rock & Recover, 1/8 (R) with R Side Rock & Recover, 1/8 (R) with R Back Rock & Recover, 3/8 (L) with R Back, ¼ (L) with L Side, R Cross Rock & Recover, R Side, L Cross, R-L Hinge 5/8 (L)

- 1&2& Rock RF forward (1), recover weight on LF (&), turn 1/8 R rocking RF to R side (2), recover weight on LF (&) 3.00
- 3& Turn 1/8 R rocking RF back (3), recover weight on LF (&) 4.30
- 4&5 Turn 3/8 L stepping RF back (4), turn ¼ L stepping LF to L side (&), cross rock RF over LF (5) 9.00
- 6&7 Recover weight on LF (6), step RF to R side (&), cross LF over RF (7) *** 9.00

Restart here on Wall 5 – Modify the counts 8& to ‘Recover weight on RF (8), turn ¼ L stepping LF forward (&), facing 6.00 o’clock.

- 8& Turn ¼ L stepping RF back (8), turn 3/8 L stepping LF to L side (&) 1.30

#3 (17-24) R Forward, L Collect & R Forward Kick, R Back Extend with Attitude, R Pique ½ (R), ½ (R) with L Back, 5/8 (R) with R Forward & L Sweep, L Cross Rock & Recover, L Side & R Hitch, R Cross, L Side

- 1-3 Step RF forward (1), collect LF beside RF while kicking RF forward (2), extend R leg to the back pointing R toes on the ground with L knee bent (3) – body slightly goes low 1.30
- 4&5 Recover RF into standing position turning ½ R stepping RF forward while lifting L knee to touch R calf into a figure 4 shape (4), turn ½ R stepping LF back (&), turn 5/8 R stepping RF forward while sweeping LF from back to front (5) 7.30
- 6&7 Cross rock LF over RF (6), recover weight on RF (&), step LF to L side lifting R knee beside LF (7) 9.00
- 8& Cross RF over LF (8), step LF to L side (&) 9.00

#4 (25-32) ¼ (R) with R Back Rock & Recover, ½ (L) with R Back, L Back Rock & Recover, ½ (R) with L Back, ½ (R) with R Forward & L Sweep, L Cross Rock ¼ (L) with L Forward, R Pencil ¾ (L)

- 1-2& Turn ¼ R rocking RF back (1), recover weight on LF (2), turn ½ L stepping RF back (&) 6.00
- 3-4 Rock LF back (3), recover weight on RF (4) 6.00
- &5 Turn ½ R stepping LF back (&), turn ½ R stepping RF forward and sweep LF from back to front (5) 6.00
- 6&7 Cross rock LF over RF (6), recover weight on RF (&), turn ¼ L stepping LF forward (7) 3.00
- 8& Turn ¾ L slowly over L shoulder drawing R toes beside LF (8&) 6.00

Optional: Instead of pencil turn, you can do a Pirouette turn for counts 8&.

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