

All For You

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Feargal Keegan (IRE) - November 2018
音樂: All for You - Years & Years



Intro: 16 counts

Tags: No –

Restarts: 1

*Wall 4: Finish section 2:

*7&8 Cross R over L, step L to L side, cross R over L

*& Step L to L side

*Start dance again

Section 1: R side rock, R cross shuffle, L step-3/4-side, R behind-side-cross (9:00)

1, 2 Rock R to R side, recover
3&4 Cross R over L, step L to L side, cross R over L
5&6 Step L forward, Turn 1/2 over R shoulder stepping R forward, Turn 1/4 over R shoulder
 stepping L to L side
7&8 Step R behind L, Step L to L side, Cross R over L

Section 2: Side L, R sailor-heel and cross, Step R turn, Step L turn, R cross shuffle (3:00)

1 Step L to L side
2&3 Step R behind L, step L in place, heel R
&4 Step R down, cross L over R
5, 6 Turn 1/4 over L shoulder stepping R back, turn 1/4 over L shoulder stepping L to side
7&8 Cross R over L, step L to L side, cross R over L

Section 3: Side L, R cross-rock-side, L cross rock-side rock-cross, R side rock-cross (3:00)

1 Step L to L side
2&3 Cross rock R over L, recover, step R to R side
4&5 Cross rock L over R, recover, rock L to L side
&6 Recover, Cross L over R
7&8 Rock R to R side, recover, cross R over L

Section 4: Jump out, hips, Jump back, hips, R sailor, L sailor (3:00)

&1 Jump forward LR
2 Hips
&3 Jump back LR
4 Hips
5&6 Step R behind L, step L in place, step R to R side
7&8 Step L behind R, step R in place, step L to L side

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