

MY EZ Little SNOWFLAKE MAMBO

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - November 2018
音樂: My Little Snowflake - Prozzak



HEEL-STRUTS FORWARD (RL), SIDE MAMBOS (RL), STEP-PIVOT 1/4 LEFT

1&2& Step RF forward Heel-Toe, Step LF forward Heel-Toe
3&4 RF Rock side right, LF recover, Step RF beside Left
5&6 LF Rock side left, RF recover, Step LF beside Right
7-8 Step RF forward, Pivot 1/4 turn left (weight on left)

HEEL-STRUTS FORWARD (RL), SIDE MAMBOS (RL), STEP-PIVOT 1/4 LEFT

1&2& Step RF forward Heel-Toe, Step LF forward Heel-Toe
3&4 RF Rock side right, LF recover, Step RF beside Left
5&6 LF Rock side left, RF recover, Step LF beside Right
7-8 Step RF forward, Pivot 1/4 turn left (weight on left)

TOE-STRUTS FORWARD, MAMBO FORWARD, TOE-STRUTS BACK, MAMBO BACK

1&2& Touch RF toes forward, Drop heel, Touch LF toes forward, Drop heel
3&4 Rock forward on RF, Recover LF, Step back on RF
5&6& Touch RF toes back, Drop heel, Touch LF toes back, Drop heel
7&8 Rock back on LF, Recover RF, Step LF beside R

CROSS MAMBO R&L 1/4 PIVOT L, CROSS MAMBO R&L

1&2 RF Cross over, LF Recover weight, RF Step together
3&4 LF Cross over, RF Recover weight, LF step 1/4 pivot L
5&6 RF Cross over, LF Recover weight, RF Step together
7&8 LF Cross over, RF Recover weight, LF step together

REPEAT - No Tags, No Restarts

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