

I Love This Life

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Michelle Risley (UK) - November 2018
音樂: I Love This Life - LOCASH : (Amazon & iTunes)



***Restart wall 4, after count 16 (3oc), restart dance facing 3oc**

***6 count Tag on wall 9, after count 16 (3oc), make 3 x paddle turns (step on the right, ¼ turn Left), end tag facing the back wall and restart dance from count 1**

Step Heel Swivel, Coaster Step – Right & Left

1&2 Step Forward Right, Swivel Right Heel Right, Bring Heel Centre
3&4 Step Back Right, Step Left Next To Right, Step Forward Right
5&6 Step Forward Left, Swivel Left Heel Left, Bring Heel Centre
7&8 Step Back Slightly On Left, Step Right Next To Left, Step Forward On Left

Styling: On The Swivels Lean Into The Step, Knee Slightly Bent And Push Into The Swivel With The Ball Of Your Foot, Like You Are Squishing A Bug! □

R Rock Forward, ½ Turning Shuffle, Step Forward, ½ Pivot Turn Right, Shuffle

1-2 Rock Forward On Right, Recover Weight To Left
3&4 ½ Turn Right, Step Forward Right, Together Left, Step Forward On Right (6oc)
5-6 Step Forward Left, Pivot ½ Turn Right (12oc)
7&8 Step Forward Left, Right Together, Step Left Forward (Alt: Full Turn Right Shoulder)

***Restart Point – Wall 4 (3oc)**

****Tag Point – Wall 9 (3oc) 3 X ¼ Paddle Turns Over Left Shoulder, Restart At 6o/C**

Side Rock, Cross Shuffle, Weave – Side, Behind, & Cross, & Behind

1-2 Side Rock Right Side, Recover Left
3&4 Cross Right Over Left, Left To Side, Cross Right Over Left
5-6& Left To Left Side, Right Behind, & Left To Side,
7&8 Cross Right Over Left, & Step Left To Left, Step Right Behind Left (12oc)

Side Rock, Cross Shuffle, ¾ Rolling Turn Left

1-2 Side Rock Left Side, Recover Right
3&4 Cross Left Over Right, Right To Side, Cross Left Over Right
5-6 ¼ Turn Left Step Back On Right (9oc), ½ Turn Left Step Forward Left (3oc)
7-8 Step Forward Right, Pivot ½ Turn Left (9oc)

Ending: Make ¼ Left Rather Than ½ Pivot On Count 31-32, Cross Right Over Left.. Ta Da!

Smile, Keep Your Feet Happy! & Love This Life!!

Michelle Xx

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come & Say Hello!!**