

One More Time

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Harry Samana (INA) - November 2018
音樂: One More Time (Otra Vez) (feat. Reik) - SUPER JUNIOR



Start dance after Intro 32 count

#Season 1.

1 ; step LF to side L
2&3 ; step RF back - close LF beside LF - turn R ¼ cross RF over LF
4 ; turn L ¼ step LF forward
5&6 ; step Rf forward , lock LF behind RF, step RF forward
7- 8 ; rock LF forward, recover RF

#Season 2.

1&2 ; turn L ½ step Lf forward , lock RF behind LF, step LF forward
3&4 ; turn L ½ step RF back, cross LF over RF , step RF back
5&6 ; turn L ¼ hips bump L-R-L
7&8 ; hips bump R-L- turn R ¼ RF forward

#Season 3.

1-2& ; step LF to side L, cross RF behind LF, step LF to side
3-4& ; turn L ½ step RF to side R, cross LF behind RF, step RF to side R
5-6 ; turn R ½ step LF to side L , recover RF
7&8 ; cross LF behind RF, step RF to side, cross LF over RF

#Season 4.

1-2 ; rock RF forward, recover LF
3&4 ; step RF back, close LF beside RF, step RF forward
5-6 ; rock LF forward, recover RF
7-8 ; turn L ¼ step LF forward, cross RF over LF

Thank you- - - -enjoy your dance

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