Best Friend



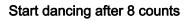
拍數: 32

級數: Beginner

編舞者: Nolwenn BERTIN (FR) - November 2018

牆數:2

音樂: Best Friend by The Blue Water Highway Band "Heartbreak City" (2018)



SIDE TOUCH (R&L), SIDE SHUFFLE, TOUCH, SIDE, BEHIND, SIDE SHUFFLE ¼ LEFT

- 1 & 2 & Right F on R side & Left Touch next to R, Left F on L side & R touch next to L
- 3 & 4 & Right Shuffle on R side (R-L-R) & L touch next to R
- 5 6 Left F on L side, Cross R behind L
- 7 & 8 Left Shuffle on L side finishing L F on ¼ turn Left P 9 :00

ROCKING CHAIR, STEP ½ LEFT, WALK FORWARD (R&L), SHUFFLE FORWARD

- 1 & 2 & Right Rocking Chair (finishing weight on L)
- 3 4 R F forward, Turn ¹/₂ Left (weight on L) 3 :00
- 5 6 Walk R & L forward
- 7 & 8 Shuffle forward (R-L-R)

SYNCOPATED SIDE ROCK (L&R), WALK BACKWARD (L&R), COASTER STEP

- 1 & 2 Left Syncopated Rock Step (weight on L)
- 3 & 4 Right Syncopated Rock Step (weight on R)
- 5 6 Walk L & R backward
- 7 & 8 Left F backward & R next to L, LF forward

SHUFFLE FORWARD, STEP ¼ RIGHT, CROSS, SIDE, BEHIND SIDE CROSS

- 1 & 2 Shuffle forward (R-L-R)
- 3 4 LF forward, Turn ¼ R (weight on R) 6 :00
- 5 6 Cross Left F over R, R F on R side
- 7 & 8 Cross Left behind R & RF on R side, Cross Left over R C

TAG (8 counts) : At the end of wall 8, after 32 counts

- SYNCOPATED SIDE ROCK (R&L), STEP 1/2 LEFT X 2
- 1 & 2 Right Syncopated Rock Step on Right side (weight on R)
- 3 & 4 Left Syncopated Rock Step on Left side (weight on L))
- 5 6 RF forward, Turn ½ Left (weight on L)
- 7 8 RF forward, Turn ½ Left (weight on L)

START AGAIN AND KEEP SMILING

Memo R. Right || Fwd Forward L. Left || Bwd Backward BCh Ball Change || Tch Touch

Last Update 10th Dec. 2018

