

Sleepless Night

COPPER KNOB
BYEPOSTETS

拍數: 16 牆數: 4 級數: High Beginner - Rolling 8
編舞者: Diana Liang (CN) - November 2018
音樂: Jin Ye Wu Mian (今夜無眠) - Zhou Bing Qian (周冰倩)



No Tag No Restart
Intro: Step in on Lyric

S1: (side, 1/4 LT Weight Change, in Place RL) x2, Side, 1/4 LT Change Weight, Run RLR, Forward Kick

1, 2&a Rf side on 1, 1/4 LT onto Lf on 2, Rf in place on &, Lf in place on a, 9h
3, 4&a =1, 2&a, 6h
5,6 Rf side on 5, 1/4 LT onto Lf on 6, 3h
7&a Rf forward on 7, Lf forward on &, Rf forward on a,
8&a Lf forward on 8, Rf kick forward over &a

S2: Forward Rock/Recover, 1/4RT Side, Cross, Vine, Cross, 1/8 RT shuffle back, shuffle back, Forward Sweep 3/8 RT, Lf Cross Over/Take Weight

1&a,2 Rf forward Rock on 1, Lf recover on &, 1/4 RT Rf side on a, Lf cross on 2, 6h
3&a,4 Rf side on 3, Lf behind on &, Rf side on a, Lf cross on 4
5&a 1/8 RT Rf back on 5, Lf together on &, Rf back on a, 7:30
6&a Lf back on 6, Rf together on &, Lf back on a,
7&a Rf forward on 7, Lf sweep to front with a 3/8 RT over &a, 9h
8 Lf cross on 8

Ending: at the end of W10, add 2 counts for 1/2 LT pivot, LT full

1&a Rf forward on 1, 1/2 LT onto Lf over &a, 12h
2&a 1/2 LT Rf back on 2, 1/2 LT Lf forward on &, Rf forward on a. End

Thanks and happy dancing!!!

Contact: procankm@hotmail.com