# It Feels Electric



拍數: 64 牆數: 2 級數: Improver

編舞者: Esmeralda van de Pol (NL) - November 2018

音樂: It Feels Electric - Zachary Kibbee



# Intro: 48 counts

			ABAAA BAA!
TOE STRUT	TOE STRUT CROS	S SIDE BOCK	CROSS ROCK
TOTAL STRUCT		O OHE BURNE.	

1-2	Touch R toe to R side, Drop R heel down
3-4	Touch L toe across RF, Drop L heel down
5-6	Rock RF to R side, Recover weight on LF
7-8	Rock RF across LF. Recover weight on LF

# TOE STRUT, TOE STRUT CROSS, SIDE ROCK, CROSS, HOLD

1-2	Touch R toe to R side, Drop R heel down
3-4	Touch L toe across RF, Drop L heel down
5-6	Rock RF to R side, Recover weight on LF

7-8 Cross RF over LF, Hold

## **RUMBA BOX**

1-2	Step LF to L side, Step RF next to LF
3-4	Step LF back, Hold
5-6	Step RF to R side, Step LF next to RF
	0. 554

# 7-8 Step RF fwd, Hold

# SHUFFLE FWD, HOLD, MAMBO STEP FWD, HOLD

1-2	Step LF fwd, Step RF next to LF
3-4	Step LF fwd, Hold
5-6	Rock RF fwd, Recover weight on LF
7-8	Step RF back, Hold

TOE STRUT BACK X2, BACK ROCK, SIDE ROCK		
1-2	Touch L toe back, Drop L heel down	
3-4	Touch R toe back, Drop R heel down	
5-6	Rock LF back, Recover weight on RF	
7-8	Rock LF to L side, Recover weight on RF	

# CROSS, SIDE ROCK, HOLD, CROSS, 1/4 TURN R X2, HOLD

1-2	Cross LF over RF, Rock RF to R side
3-4	Recover weight on LF, Hold
5-6	Cross RF over LF, ¼ turn R-Step LF back
7-8	1/4 turn R-step RF to R side, Hold

# CROSS ROCK, SIDE ROCK, STAP BACK SWEEP X2

1-2	Rock LF across RF, Recover weight on RF
3-4	Rock LF to L side, Recover weight on RF
5-6	Step LF back, Sweep RF
7-8	Step RF back, Sweep LF

## TOUCH, KICK, TOUCH, KICK, BEHIND SIDE CROSS, HOLD

, ,	,
1-2	Touch LF next to RF, Kick LF in L diagonal fwd
3-4	Touch LF next to RF, Kick LF in L diagonal fwd

5-6 Step LF behind RF, Step RF to R side

7-8 Cross LF over RF, Hold

Dance With Esmeralda Esmeralda v.d. Pol www.esmeralda-dancers.com info@esmeralda-dancers.com