

No Chering!

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ross Brown (ENG) - November 2018
音樂: The Winner Takes It All - Cher : (CD: Dancing Queen - 4:32)



Intro : 68 Counts (Approx. 32 Seconds)

INTRO DANCE : 32 COUNTS – 2 WALLS (Danced 3 times before beginning the MAIN DANCE)
RUMBA BOX FORWARD.

1 – 2 – 3 – 4 Step R forward, hold for Count 2, step L to L, step R next to L.
5 – 6 – 7 – 8 Step L back, hold for Count 6, step R to R, step L next to R.(12 O'CLOCK)

SIDE LUNGE ¼ TURN L, SIDE ¼ TURN L. ROCK BACK, BACK ¼ TURN R.

1 – 2 – 3 – 4 Lunge R to R, hold for Count 2, make a ¼ turn L recovering onto L, make a ¼ turn L stepping R to R.
5 – 6 – 7 – 8 Rock L back, hold for Count 6, recover onto R, make a ¼ turn R stepping L back.(9 O'CLOCK)

STEP ½ TURN R, SWEEP. WEAVE, SWEEP. BEHIND, SIDE.

1 – 2 – 3 – 4 Make a ½ turn R stepping R forward, sweep L forward, cross step L over R, step R to R.
5 – 6 – 7 – 8 Cross step L behind R, sweep R back, cross step R behind L, step L to L.(3 O'CLOCK)

CROSS, HOLD, SIDE ROCK, CROSS. HOLD, BACK ¼ TURN L, STEP ½ TURN L.

1 – 2 – 3 – 4 – Cross step R over L, hold for Count 2, rock L to L, recover onto R, cross step L over R.
5
6 – 7 – 8 Hold for Count 6, make a ¼ turn L stepping R back, make a ½ turn L stepping L forward.(6 O'CLOCK)

MAIN DANCE : 64 COUNTS – 2 WALLS

DIAGONAL ROCK. BEHIND, SIDE, CROSS. SIDE ROCK. CROSS SHUFFLE.

1 – 2 Rock R forward to R diagonal, recover onto L.
3 & 4 Cross step R behind L, step L to L, cross step R over L.
5 – 6 Rock L to L, recover onto R.
7 & 8 Cross step L over R, close R up to L, cross step L over R.(12 O'CLOCK)

BACK ¼ TURN L, SIDE ¼ TURN L. CROSS SHUFFLE. DIAGONAL ROCK. BEHIND, SIDE, CROSS.

1 – 2 Make a ¼ turn L stepping R back, make a ¼ turn L stepping L to L.
3 & 4 Cross step R over L, close L up to R, cross step R over L.
5 – 6 Rock L forward to L diagonal, recover onto R.
7 & 8 Cross step L behind R, step R to R, cross step L over R. (6 O'CLOCK)

SIDE, TOGETHER. SHUFFLE FORWARD. X2.

1 – 2 Step R to R, step L next to R. (“Whoosh” and swing arms to right)
3 & 4 Step R forward, close L up to R, step R forward.
5 – 6 Step L to L, step R next to L. (“Whoosh” and swing arms to left)
7 & 8 Step L forward, close R up to L, step L forward. (6 O'CLOCK)

FORWARD ROCK. BACK, LIFT UNWIND ¼ TURN R. CROSS, BACK ¼ TURN L. BACK. LIFT UNWIND ¼ TURN L.

1 – 2 Rock R forward, recover onto L.
3 & 4 Step R back, unwind a ¼ turn R lifting both toes up, place both toes.
5 – 6 Cross step L over R, make a ¼ turn L stepping R back.
7 & 8 Step L back, unwind a ¼ turn L lifting both toes up, place both toes. (3 O'CLOCK)

CROSS ROCK. DIAGONAL STEP, LOCK, STEP. X2.

- 1 – 2 Cross rock R over L, recover onto L.
- 3 & 4 Step R forward to L diagonal, lock L behind R, step R forward.
- 5 – 6 Cross rock L over R, recover onto R.
- 7 & 8 Step L forward to R diagonal, lock R behind L, step L forward.(3 O'CLOCK)

SIDE, TOUCH ¼ TURN. KICK, BALL, CROSS. X2.

- 1 – 2 Step R to R, make a ¼ turn L touching L next to R.
- 3 & 4 Kick L forward to L diagonal, step L next to R, cross step R over L.
- 5 – 6 Step L to L, make a ¼ turn R touching R next to L.
- 7 & 8 Kick R forward to R diagonal, step R next to L, cross step L over R. (3 O'CLOCK)

SIDE, BEHIND. CHASSE ¼ TURN R. STEP, PIVOT ½ TURN R. SHUFFLE ¼ TURN R.

- 1 – 2 Step R to R, cross step L behind R.
- 3 & 4 Step R to R, close L up to R, make a ¼ turn R stepping R forward.
- 5 – 6 Step L forward, pivot a ½ turn R.
- 7 & 8 Make a ¼ turn R stepping L to L, close R up to L, step L to L. (3 O'CLOCK)

BEHIND, STEP ¼ TURN L. MAMBO FORWARD with PUSH. STEP, BACK ½ TURN L. COASTER CROSS.

- 1 – 2 Cross step R behind L, make a ¼ turn L stepping L forward.
- 3 & 4 Rock R forward, recover onto L, step R next to L pushing bum back.
- 5 – 6 Step L forward, make a ½ turn L stepping R back.
- 7 & 8 Step L back, step R next to L, cross step L over R. (6 O'CLOCK)

END OF DANCE!

TAG : Danced at the END of WALL 4 of the MAIN DANCE facing BACK WALL.

(DIAGONAL ROCKING CHAIR)

- 1 – 2 – 3 – 4 Rock R forward to R diagonal, recover onto L, rock R back to L diagonal, recover onto L.

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