

Hit it Jack EZ!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner w/options
編舞者: Wendy Johansson (CAN) - November 2018
音樂: Hit the Road Jack - Throttle : (iTunes)



Intro: 8 Cts (after spoken lyrics "Jack, Jack - Jack Jack") approx 4 sec into track

[1-8] Step point, Cross side, Step Point, Cross Shuffle .

1 2 3 4 Step R forward, point L to L side. Cross L over R, step R to R side.
5 6 7&8 Step L forward, point R to R side. Cross R over L, bring L behind R, cross R over L.

[9-16] Weaving 1/4 turn L & step R wide, point L to side, 2 toe switches R/L.

1 2 3 4 Step L to L side. Cross R behind, step L 1/4 turn L (F 9:00) to L side, step R to R side so feet wide/apart.
5 6 &7&8 Point L to L side, hold (6), Step on L beside R, Point R toe to R side, step on R beside L, point L toe to L side.

[17-24] 4 Walks back, Grapevine L.

1 2 3 4 Walk back L/R/L, step back R bringing it beside L. Style Option: Toe Fans.
5 6 7 8 Grapevine (GV) L: step L side, R behind L, step L side, touch R beside L. Option:
Syncopated GV w/ swivel: Step L to L side, cross R behind L, step L to L side, touch R ball of foot near L, swivel heels & hips R, recover to L (1 2&3&4).

[25-32] Grapevine R, Step Paddle Turn 1/2 L with 3 paddles/touches.

1 2 3 4 Grapevine (GV) R: step R side, L behind R, step R side, touch L beside R. Option:
Syncopated GV w/ swivel to R (as above-only to R side).
5 6 7 8 Step L forward, Paddle 1/2 turn to L: swivel R heel 1/4 turn L touching R toe to R side 2x (F6:00, then F 3:00), touch R beside L.

Easy 8 ct TAG (F6:00) end of Wall 6: Sit into L hip with L hand on L hip and hold to count of 8. R hand/arm full circle CCW: snap 4x (ct 1-4) jazz hand circling R arm back down to 6:00.

Ending: End of Wall 12 (F12:00): Small jump, both feet together or chug on the spot - double fist pump overhead as vocalist shouts out "Yow!" (also an option at the end of: Wall 3 F9:00, Wall 10 F6:00).

SHAZAM!!! :D

Thank you to Lory Kostash for suggesting this track :D

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