

It Ain't You (It's Me)

拍數: 32 牆數: 2 級數: Improver
編舞者: Adrian Lefebour (AUS) & Jessica Lamb (AUS) - November 2018
音樂: It Ain't You It's Me - Kane Brown : (Album: Experiment - 3:12)



Notes: 16 count intro from the song

[1-9] Walk x2, Step Across, Side, Behind/Sweep, Behind, 1/4 Turn, Step 1/2 Pivot Turn Prep, Twist 1/2 Turn, 1/2 Turn, 1/4 Turn

1,2 Step R fwd, Step L fwd and sweep R out to R side
3&4& Step R across L, Step L to L side, Step R behind L and sweep L back
5&6,7 Step L behind R, 1/4 turn R step R fwd, Step L fwd, 1/2 Pivot R (prep turn) (weight on R) (9.00)
8&1 1/2 Turn L step L down, 1/2 Turn L step R back, 1/4 Turn L step L to L side (6.00)

[10-16] Cross Rock, Side, Cross 1/2 Turn Push Hips L, Push Hips R, Sway Hips x3, Flick

2&3 Cross Rock R over L, Replace weight on L, Step R to R side
4&5,6 Cross step L over R, 1/4 turn L step R back, 1/4 turn L step L to L side pushing hips L, Push hips R (12.00)
7&8& Sway hips L, R, L, Flick R foot slightly off the floor (weight on L)

[17-25] Nightclub Basic x2, Step Fwd, 1/2 Pivot Turn, Step Fwd, Full Turn, Step Fwd

1,2& Step R to R side dragging L towards R, Step L slightly back, step R in place
3,4& Step L to L side dragging R towards L, Step R slightly back, Step L in place
5,6&7 Step R fwd, Step L fwd, 1/2 Pivot turn R, Step L fwd (6.00)
8&1 1/2 Turn L step R back , 1/2 Turn L step L fwd, Step R fwd (6.00)

[26-32] Mambo Step, Sweep, Behind Side Cross, Side Rock, Replace, Cross, Back, Together

2&3 Step L fwd, Replace weight on R, Step L back and sweep R back
4&5 Step R behind L, Step L next to L side, Step R across L
6&7 Rock L to L side, Replace weight on R, Step L across R
8& Step R back, Step L next to R (weight on L) (6.00)

Tag 1 – End of wall 2 – Facing 12.00 wall, do the below 8 counts and start dance at 12.00 wall.

1,2 Walk R fwd, Walk L fwd
3&4 Mambo R fwd, Replace weight back on L , Step R back
5&6 L Coaster Step – Step L back, Step R next to L, Step L fwd
7&8& Step R fwd, Step L together, Step R back, Step L together (weight on L) (12.00)

Tag 2 – End of wall 3 – Facing 6.00 wall, do the below 4 counts and restart at the 6.00 wall.

1,2 Walk R fwd, Walk L fwd
3&4& Rock R fwd, Replace weight back L, Rock R back, Replace weight fwd on L (Quick R Rocking Chair)

FINISH – Wall 6 – You will be facing the 12.00 wall – walk fwd R, walk L fwd to finish.

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