Those Were The Days



編舞者: Diana Liang (CN) - November 2018

音樂: Wang Ri Shi Guang (往日时光) - Chang Yong Liao (廖昌永)



Intro: 32 or on lyric

S1: Rock Recover, Wave, Side Slide

1& Rf forward rock on 1, Lf recover on &
2& Rf side rock on 2, Lf recover on &
3& Rf back rock on 3, Lf recover on &
4& Rf side rock on 4, Lf recover on &

5&6 Rf cross on 5, Lf side on &, Rf behind on 6 7,8 Lf slide side on 7, Rf drag towards Lf on 8

(Option on 8, body side roll up)

S2: Side RL, 1/4 RT Shuffle Forward, 1 RT, Forward, Touch Behind

1,2 Rf side on 1, Lf side on 2

3&4 1/4 RT Rf forward on 3, Lf together on &, Rf forward on 4, 3h 5&6 1/4RT Lf side on 5, 1/2 RT Rf side on &, 1/4 RT Lf forward on 6, 7,8 Rf big forward on 7, Lf touch behind Rf and bent knees on 8

S3: Slide Back LR, 1/2 RT shuffle, V-step

1,2 Lf slide back on 1, Rf slide back on 2

3&4 Lf back on 3, 1/4 RT slightly Rf side on &, 1/4 RT Lf slightly forward on 4, 9h

5&6& Rf diagonal out on 5, Lf diagonal out on &, Rf in on 6, Lf in on &

7&8& = 5&6&

S4: Side Basics R, 1/4 RT Basics, 1 1/4 RT

1, 2& Rf side on 1, Lf behind on 2, Rf cross slightly on &

3, 4& 1/4 RT Lf side on 3, Rf behind on 4, Lf cross slightly on &, 6h

5678 1/4 RT Rf slightly forward on 5, 1/2 RT Lf slightly back on 6, 1/2 RT Rf slightly forward on 7,

Lf together on 8, 3h

Ending: On W9, dance up to 16 counts, but Changing the 8th count of S2 to 1/4 LT:

8 1/4 LT Lf side and finish on 8, 12h

Tag = 1-4 of S1, at the end of W4

Thanks and happy dancing!

Contact: procankm@hotmail.com