

Good Night

拍數: 32 牆數: 4 級數: Intermediate WCS
編舞者: Guillaume Richard (FR) & Mike Liadouze (FR) - September 2018
音樂: John Legend - A Good Night (110 BPM)



Introduction: 16 counts

[1-8] FORWARD, MOONWALK 1/4 R, HOLD, BALL STEP, 1/8 R, TOUCH & HIP BALL

1-2 Step RF forward, press LF together
3-4 Slide RF back flat, ..1/4 turn R.. prendre appui RF (3:00)
5&6 HOLD, step LF together, step RF side
7& .. 1/8 turn R.. touch L toe together, step LF together (4:30)
8& Touch R toe pushing L hip back, step RF together

[9-16] SPIN 7/8 L, SIDE CROSS SIDE, BEHIND, 1/4 R FORWARD, FORWARD W/ HITCH, BOOGIE WALK

1-2 Step LF forward, spin ..7/8 turn L.. on LF dragging R toe back (6:00)
3&4 Step RF side slightly back, cross LF over RF, step RF side
5-6-7 Cross LF behind RF, ..1/4 turn R.. step RF forward, step LF forward & hitch R knee (9:00)
8& Step RF pushing R hip ↗, step LF pushing L hip ↘

[17-24] MAMBO W/ SLIDE BACK, HOLD, SWEEP, MAMBO BEHIND TOUCH, SYNCHOPATED JAZZ BOX

1&2 Rock step RF forward, recover on LF, big step RF back
3-4 HOLD, cross LF behind RF & sweep RF back
5&6 Rock step RF behind, recover on LF, touch R toe side
7&8& Cross RF over LF, step LF back, step RF side, cross LF over RF

[25-32] BIG STEP SIDE, SLIDE BALL CROSS, UNWIND 1/2 L, ORIENTED ROCK, 1/2 R BALL STEP

1-2 Big step RF side, slide LF together
&3 Step LF together, cross RF over RF
4-5 .. 1/2 turn L.. weight on LF, rock step RF forward twisting body 1/4 turn L (12:00) (3:00)
6-7 Recover on LF starting ..1/2 turn R.., finish turn on RF dragging R heel forward (9:00)
&8 Step RF together, step LF forward

Option on counts 6-7 : make 1 and 1/2 turn R on LF

Choreographed for Country Line Event of Orcet 2018
Have great time dancing, good luck !!