The Coffee

拍數: 48

級數: Phrased Novice

編舞者: Jesús Moreno Vera (ES) - November 2018

音樂: Tom's Diner - Karmah

SEQUENCE: A, B, B, A, B, A, A, B, B, A, B, A, A, B

INTRO: 32 counts, (when he starts singing "tu tu turu tu tu ruru")

PART A

DOROTHY STEPS R L, MAMBO STEP FWD, COASTER STEP

- 01 -Step forward with right foot diagonally.
- 02 -Step left foot crossed behind the right.
- & -Step forward with right foot diagonally.
- 03 -Step forward with left foot diagonally.
- 04 -Step right cross crossed behind the right.
- & -Step forward with left foot diagonally.
- 05 -Rock in front with right foot.
- & recover weight on left foot.
- 06 -Step with right foot to the left side.
- 07 -Step back with left foot.
- & -Step with right foot to the left side.
- 80 Step forward with left foot.

STEP TURN ½, TRIPLE STEP TURN ½, SWEEP BACK x2, COASTER STEP

- 01 -Step forward with right foot.
- 02 -Turn ¹/₂ Turn to the left.
- 03 -Turn ¹/₄ to the left with step right next to it.
- & -Left step next to the right.
- 04 -Turn 1/4 Turn to the left with right step back.
- 05 -Sweep with left foot from front to back.
- 06 -Sweep with left foot from front to back.
- 07 -Step with left foot back.
- & -Step with right foot to the left side.
- 08 -Step with left foot in front.

PART B

KICK & CROSS & TOUCH x2, SAYLOR STEP, SAYLOR ¼,

- 01 -Kick front with right foot.
- & -Cross left foot in front of the right.
- 02 -Touch right foot to the right side.
- 03 -Kick front with left foot.
- & -Cross left foot in front of the right.
- 04 -Touch right foot to the right side.
- 05 -Cross right foot behind the left.
- & -Step with left foot next to the right.
- 06 -Step with right foot to the left side.
- 07 -Turn ¹/₄ to the left with left foot crossed behind the right.
- & -Step with right foot to the left side.
- 80 Step with left foot next to the right.

ROCK FWD, RECOVER, TURN ½, TURN ½, BEHIND SIDE CROSS, HEEL BOUNCES





牆數: 1

- 01 Rock in front with right foot.
- 02 Recover weight on left foot.
- 03 Turn ¹/₂ Turn right with right step in front.
- 04 Turn 1/2 Turn right with left step back.
- 05 Cross right foot behind the left.
- & Step with left foot to the side.
- 06 Cross right foot in front of left.
- & Lift both talons.
- 07 Turn ¼ to the left dropping the heels.
- & Lift both heels.
- 08 Turn 1/4 to the left, dropping the heels (weight on the right foot).

COASTER STEP, SKATE x2, CROSS SHUFFLE, TURN ¾

- 01 Step with left foot back.
- & Step with right foot to the left side.
- 02 Step with left foot in front.
- 03 Skate (skating) with right foot in front.
- 04 Skate (skating) with left foot in front.
- 05 Cross right foot in front of left
- & Step with left foot next to the right.
- 06 Cross right foot in front of left.
- 07 Turn 1/4 Turn right with left foot step back
- 08 Turn 1/2 Turn right with right step forward

ROCK, COASTER STEP, SKATE BACKWARDS

- 01 Rock in front with left foot.
- 02 Recover weight on right foot.
- 03 Step back with left foot.
- & Step with right foot to the left side.
- 04 Step forward with left foot.
- & Raise right knee.
- 05 Step back with right foot and weight on the left heel carry the left tip to the left side.
- 06 Step back with left foot and weight on the right heel bring the right tip to the right side.
- 07 Step back with right foot and weight on the left heel carry the left tip to the left side.
- 08 Step back with left foot and weight on the right heel bring the right tip to the right side.

START OVER

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