

# Let's Get It

拍數: 32                      牆數: 4                      級數: Easy Intermediate  
編舞者: Stella Kim (KOR) - November 2018  
音樂: Moves by Olly Murs



Intro: 16 count - Sequence: 32-16-32-32-16-32-32-32

## SEC 1: JUMP, DOWN, SWIVEL, SWIVEL, BACK MAMBO, (KICK, STEP DOWN, DIAGONAL BACK ROCK, RECOVER) X2

&1&2                      jump, down(put your feet apart), both heels swivel to R, both heels swivel to center  
3&4                      RF back rock, LF recover, RF forward  
5&6&                      LF forward kick, LF step down, RF diagonal back rock, LF recover  
7&8&                      RF forward kick, RF step down, LF diagonal back rock, RF recover

\*Slightly forward during 5-8& counts

## SEC 2: CROSS, BACK, BACK, CROSS, 1/4 R BACK, SIDE, APPLE JACKS

1&2                      LF cross, RF diagonal back, LF diagonal back  
3&4                      RF cross, 1/4 turn R with LF back(3:00), RF side  
5&                      Swivel on ball of LF moving LF heel to R - at the same time, swivel on RF heel moving RF toe to R, recover to center  
6&                      Swivel on ball of RF moving RF heel to R - at the same time, swivel on LF heel moving LF toe to L, recover to center  
7&                      Swivel on ball of LF moving LF heel to R - at the same time, swivel on RF heel moving RF toe to R, recover to center  
8&                      Swivel on ball of LF moving LF heel to R - at the same time, swivel on RF heel moving RF toe to R, \* Restart here recover to center

### Easy options for counts 5-8

5&6&                      LF in place with both knees bend, RF diagonal forward kick with both knees straight, RF in place with both knees bend, LF diagonal forward kick with both knees straight  
7&8                      LF in place with both knees bend, RF diagonal forward kick with both knees straight, RF beside touch LF

## SEC 3: BACK AND SWEEP, BACK ROCK, RECOVER, FORWARD, FORWARD, 1/2 R SYNCOPATED ROCKING CHAIR

1-2&                      RF back - at the same time, LF sweep from front to back, LF back rock, RF recover  
3-4                      LF forward, RF forward  
5&6&                      LF cross rock, RF recover, 1/4 turn to R with back rock(6:00), RF recover  
7&8&                      LF cross rock, RF recover, 1/4 turn to R with back rock(3:00), RF recover

\* Rocking chair section(5-8&) is done making a gradual turn 1/2 to the right

## SEC 4: SIDE, BACK ROCK, RECOVER, SIDE POINT, 1/4 L SIDE POINT, 1/4 L PIVOT, SHOULDER PUSHES

1-2&                      LF side, RF back rock, LF recover  
3-4                      RF side point, 1/4 turn to L with RF side point(6:00)  
5-6                      RF forward, pivot 1/4 turn L(weight LF)(3:00)  
7&8                      Push the right shoulder up x2(7&), Push the left shoulder up

\*RESTART: After 16 counts on Wall 2 facing (6:00), Wall 5 facing (3:00)

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