

Be My Sweet Delight AB

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Glynn Rodgers (UK) - November 2018
音樂: Sweet Delight - Dan Albro



Phrasing : No Tags Or Restarts!

Note: This is an easier version of my beginner dance, "Be My Sweet Delight". Once your absolute beginners have mastered this dance, gradually add in the Mambos, Coasters and Pivots from the beginner version to move them to the next stage!

[1-8] GRAPEVINE RIGHT, POINT, CLOSE, POINT, CLOSE.

- 1-2 Step right to right side, cross left behind right.
- 3-4 Step right to right side, touch left beside right.
- 5-6 Point left toe to left side, step left beside right.
- 7-8 Point right toe to right side, step right beside left.

[9-16] GRAPEVINE LEFT, POINT, CLOSE, POINT, CLOSE.

- 1-2 Step left to left side, cross right behind left.
- 3-4 Step left to left side, touch right beside left.
- 5-6 Point right toe to right side, step right beside left.
- 7-8 Point left toe to left side, step left beside right.

[17-24] GRAPEVINE ¼ TURN RIGHT, KICK, STROLL BACK, TOUCH

- 1-2 Step right to right side, cross left behind right.
- 3-4 Turn ¼ right stepping forward right, kick left foot forward.
- 5-8 Walk back left-right-left, touch right beside left.

[25-32] CHARLESTON KICK, ROCKING CHAIR

- 1-2 Step forward right, kick left foot forward.
 - 3-4 Step back left, touch right toe beside left.
 - 5-6 Rock forward right, recover weight on to left.
 - 7-8 Rock back right, recover weight on to left.
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