

# Be My Sweet Delight

COPPERKNOB  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Glynn Rodgers (UK) - November 2018  
音樂: Sweet Delight - Dan Albro



**Phrasing: No Tags Or Restarts!**

**Note - I have written an easier version of this dance called "Be My Sweet Delight AB" which is suitable for absolute beginners.**

**Try teaching the AB version, and gradually add in the Mambos, Coasters and Pivots at their speed!**

## **[1-8] GRAPEVINE RIGHT, SIDE MAMBOS LEFT & RIGHT.**

1-2            Step right to right side, cross left behind right.  
3-4            Step right to right side, touch left beside right.  
5&6          Rock left to left side, recover weight on to right, close left to right.  
7&8          Rock right to right side, recover weight on to left, close right to left.

## **[9-16] GRAPEVINE LEFT, SIDE MAMBOS RIGHT & LEFT.**

1-2            Step left to left side, cross right behind left.  
3-4            Step left to left side, touch right beside left.  
5&6          Rock right to right side, recover weight on to left, close right to left.  
7&8          Rock left to left side, recover weight on to right, close left to right.

## **[17-24] GRAPEVINE ¼ TURN RIGHT, KICK, WALK BACK, COASTER STEP.**

1-2            Step right to right side, cross left behind right.  
3-4            Turn ¼ right stepping forward right, kick left foot forward.  
5-6            Walk back left-right.  
7&8          Step back left, close right to left, step forward left.

## **[25-32] STEP, KICK, COASTER STEP, PIVOT ½ TURN X2.**

1-2            Step forward right, kick left foot forward.  
3&4          Step back left, close right to left, step forward left.  
5-6            Step forward right, pivot ½ turn left.  
7-8            Step forward right, pivot ½ turn left.

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