

Make Your Choice

拍數: 32 牆數: 3 級數: Intermediate
編舞者: Adam Åstmar (SWE) - September 2018
音樂: Love Me Or Leave Me - Little Mix



Intro: 8 counts from start of track (approx. 7 seconds)

Sect – 1: L Cross /w Sweep. 1 / 8 Steps Fwd R, L. R Press Fwd. L Recover. R Back. L Back /w 1 / 8 Sweep. Sailor Step. L Cross. 1 / 4. 1 / 2.

- 1 – 2 & (1) Slightly cross LF over RF and sweep RF from back to front. (2) Turn 1 / 8 to the left and step forward on RF. (&) Step forward on LF. {10:30}
- 3 – 4 & (3) Press forward on RF. (4) Recover on LF. (&) Step back on RF.
- 5 – 6 & (5) Step back on LF and sweep RF from front to back while turning 1 / 8 to the right. (6) Step RF behind LF. (&) Step slightly to the left on LF. {12:00}
- 7 & 8 & (7) Step to the right on RF and angle your body slightly to the right diagonal. (&) Cross LF over RF. (8) Turn 1/4 to the left stepping back on RF. (&) Turn 1 / 2 to the left stepping forward on LF. {3:00}

Sect – 2: R Basic. L Side. R Behind. 1 / 4. R Point. 1 / 2 /w Sweep. Weave R.

- 1 – 2 & (1) Turn 1 / 4 to the left taking a big step to the right on RF and drag LF to RF. (2) Step LF slightly behind RF. (&) Cross RF over LF. {12:00}
- 3 – 4 & (3) Step to the left on LF. (4) Step R behind LF. (&) Turn 1 / 4 to the left stepping forward on LF. {9:00}
- 5 – 6 (5) Point with RF to the right. (6) Turn 1 / 2 to the right closing RF next to LF and sweep LF from back to front. {3:00}
- 7 & 8 & (7) Cross LF over RF. (&) Step to the right on RF. (8) Step LF behind RF. (&) Step to the right on RF.

- Restart occurs here at wall 2. -

Sect – 3: L Cross Rock. R Recover. L Side. 1 / 8 Prissy Walks R, L. 1 / 8 Serpiente'. 1 / 4.

- 1 – 2 & (1) Cross rock LF over RF. (2) Recover on RF. (&) Step to the left on LF.
- 3 – 4 (3) Turn 1 / 8 to the left crossing RF slightly over LF. (4) Cross LF slightly over RF. {1:30}
- 5 & 6 (5) Cross RF over LF. (&) Turn 1/8 to the right stepping to the left on LF. (6) Step RF behind LF and sweep LF from front to back. {3:00}
- 7 & 8 & (7) Step LF behind RF. (&) Step to the right on RF. (8) Cross LF over RF. (&) Turn 1 / 4 to the left stepping back on RF. {12:00}

Sect – 4: L Rock Back. R Recover. Step 1 / 2 Turn. Step. Full Turn /w Sweep. R Cross. 1 / 4. R Side. L Cross. R Side.

- 1 – 2 (1) Rock back on LF. (2) Recover on RF.
- 3 & 4 & (3) Step forward on LF. (&) Turn 1 / 2 to the right and place weight on RF. (4) Step forward on LF and prep upper body to the right. (&) Turn 1/2 to the left stepping back on RF. {12:00}

- Restart occurs here at wall 6. Make the full turn as you usually do, but instead restart the dance with a step forward on LF instead of cross. -

- 5 – 6 (5) Turn 1 / 2 to the left stepping forward on LF and sweep RF from back to front. (6) Cross RF over LF. {6:00}
- 7 & 8 & (7) Turn 1/4 to the right stepping slightly back on LF. (&) Step to the right on RF. (8) Cross LF over RF. (&) Step to the right on RF. {9:00}

Tag: The Tag occurs after wall 3 facing {9:00}

L Cross /w Sweep. R Cross. 1 / 4. R Back. L Back. 1/4.

- 1 – 2 & (1) Cross LF over RF and sweep RF from back to front. (2) Cross RF over LF. (&) Turn 1 / 4 to the right stepping back on LF. {12:00}

3 – 4 & (3) Step back on RF. (4) Step back on LF. (&) Turn 1/4 to the right stepping to the side on RF. {3:00}

Have fun!

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