

Cut Me Loose

拍數: 32 牆數: 4 級數: Improver
編舞者: Frederick Fung (CAN) - November 2018
音樂: Lost on You (DJ Tronky Bachata Remix) - LP



Sections 1 & 2 [1-16] BACHATA DIAMOND

Sec 1:

- 1 1/8 Turn to R(right) and Step LF(left foot) to left side
- 2 Step RF(right foot) next to LF
- 3 Step LF to left side
- &
- 4 Tap R Toe to right side and Hip Bump
- 5 Step RF to right side
- 6 step LF next to RF
- 7 Step LF to right side
- &
- 8 Tap L Toe to left side and Hip Bump

Sec 2:

- 1 Step LF to left side
- 2 Step RF next to LF
- 3 Step LF to left side
- &
- 4 Tap R Toe to right side and Hip Bump
- 5 Step RF to right side
- 6 Step LF next to RF
- 7 Step RF to right side
- &
- 8 Tap L Toe to left side (next to RF) facing 12:00

Sec 3: SWIVEL FWD x 3(LRL), RF TOE TOUCH, STEP BACK RLR SHOULDER ROLL, LF STEP DOWN

- 1-3 LF Swivel forward L (1), RF Swivel forward R (2), LF Swivel forward L (3)
- 4 RF Toe Touch (weight on LF)
- 5 Step back RF with Shoulder Rolling back
- 6 Step back LF with Shoulder Rolling back
- 7 Step back RF with Shoulder Rolling back
- 8 Step LF down in place next to RF

Sec 4: RF KICK L, RF KICK R, RF STEP DOWN, LF HITCH, 1/4 TURN L, LF STEP DOWN, HIP ROLL

- 1 Kick RF towards 10:30
- 2 Kick RF towards 1:30
- 3 Step RF down in place
- 4 Hitch LF up
- 5 1/4 Turn to L facing 9:00 and Step LF down
- 6 R Toe Touch pointing to 1:30
- 7 Step R Heel down in place
- 8 Hip Roll anticlockwise to L

REPEAT

For Song & Step Sheet, please contact: Passionff0118@gmail.com
Last Update - 29 June 2021-R2

