

My Own Sunshine

COPPER KNOB
BY BETTIE MOSES

拍數: 32 牆數: 2 級數: Improver
編舞者: Betty Moses (USA) - November 2018
音樂: I Make My Own Sunshine - Steven Tyler : (Album: We're All Somebody From Somewhere)



Intro: 32 Counts

[1-8] Walk Forward R/L, Rock Forward/Recover Step Back, Walk Back L/R, Coaster Step

1-2 Step forward on R, Step forward on L
3&4 Rock forward on R, Recover weight on L, Step back on R
5-6 Step back on L, Step back on R
7&8 Step back on L, Step R next to L, Step forward on L

[9-16] Touch R Forward , Step Back, Touch L Back, Step L Forward, Step Forward on R, Pivot ½ Turn Left, Triple Forward

1-4 Touch R toe forward, Step R back, Touch L toe back, Step forward on L
5-6 Step forward on R, Pivot ½ turn left 6:00
7&8 Triple forward R-L-R

[17-24] Touch Left Toe forward/Side, Sailor Step, Touch Right Toe forward/side, Sailor Step

1-2 Touch L toe forward, Point L toe to side
3&4 Left sailor step
5-6 Touch R toe forward, Point R toe to side
7&8 Right sailor step

[25-32] Forward Rock/Recover, Triple ½, Triple ½ Turn, Coaster Step

1-2 Rock forward on L, Recover weight on R
3&4 Triple ½ turn over left shoulder L-R-L 12:00
5&6 Triple ½ turn over left shoulder R-L-R 6:00
7&8 Step back on L, Step R next to L, Step L forward

Restart Wall 3:

Dance Section 1 as written, Dance the first 14 counts of Section 2, Change counts 15 &16 to &15&16 Step R out (&), Step L out (15), Step R in (&) Step L in (16) Restart the dance facing 6:00

Fun Music – Enjoy

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