

# Lean On In

**COPPER KNOB**  
STYLESHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Betty Moses (USA) - November 2018  
音樂: Lean on In - Coffey Anderson : (Album: Cowboy Style)



Intro: 16 counts

**[1-8] R KICK BALL CHANGE, STOMP, CLAP, L KICK BALL CHANGE, STOMP, CLAP**

1&2            Right kick ball change  
3-4            Stomp R forward, Hold (Clap)  
5&6            Left kick ball change  
7-8            Stomp L forward, Hold (Clap)

Turning Option: (1&2) Right Kick ball change, (3) Cross R over L, (4) Unwind ½ turn over left shoulder & clap-weight on L 6:00, (5&6) Right Kick ball change, (7) Cross R over L, (8) Unwind ½ turn over left shoulder & clap-weight on L 12:00

**[9-16] RIGHT ROCK/RECOVER, BALL STEP, LEFT ROCK/RECOVER, BALL STEP, RIGHT ROCK / RECOVER, ¼ TURN SAILOR STEP**

1-2&            Rock R to side, Recover weight on L, Step ball of R next to L  
3-4&            Rock L to side, Recover weight on R, Step ball of L next to R  
5-6            Rock R to side, Recover weight on L  
7&8            Step R behind L, Step L forward turning ¼ left, Step R to side [9:00]

**[17-24] HEEL JACK L, HEEL JACK R, HEEL JACK L, HEEL JACK R**

1&2            Cross L over R, Step R to side, Tap L Heel forward at angle  
&3&4            Step L Next to R, Cross R over L, Step L to side, Tap R heel forward at angle  
&5&6            Step R next to L, Cross L over R, Step R to side, Tap L Heel forward at angle  
&7&8            Step L Next to R, Cross R over L, Step L to side, Tap R heel forward at angle

**EASIER OPTION FOR COUNTS 17-24:**

(Tap L heel forward twice, Step L next to R, Tap R heel forward twice, Step R next to L, Tap L heel forward twice, Step L next to R, Tap R heel forward twice)

**[25-32] RIGHT HIP BUMPS BACK/FORWARD/BACK, LEFT HIP BUMPS BACK/FORWARD/BACK, RIGHT HIP BUMP BACK/FORWARD/BACK, LEFT COASTER STEP**

1&2            Touch R toe back bumping hips back, Bump hips forward, Bump hips back (weight on R)  
3&4            Touch L toe back bumping hips back, Bump hips forward, Bump hips back (weight on L)  
5&6            Touch R toe back bumping hips back, Bump hips forward, Bump hips back (weight on R)  
7&8            Left coaster step

No Tags- No Restarts

Have fun

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