

# Good Hearted Woman

**COPPER KNOB**  
STEPPERS

拍數: 64                      牆數: 2                      級數: Easy Intermediate  
編舞者: Jan Moir (NZ) - 2016  
音樂: Waylon & Willie – Good Hearted Woman



## SECTION 1: R CROSS, RECOVER, SHUFFLE TO R, L CROSS, RECOVER, SHUFFLE TO L

1,2,3&4                      Cross R over L, Recover on to L, Step R to R, Step L beside R, Step R to R  
5,6,7&8                      Cross L over R, Recover on to R, Step L to L, Step R beside L, Step L to L

## SECTION 2: ROCK BACK, RECOVER FWD, SHUFFLE ½ L, SHUFFLE ½ L, KICK BALL FWD

1,2,3&4                      Rock back on R, Recover FWD on L, Shuffle ½ L, Stepping RLR  
5&6, 7&8                      Shuffle ½ L, Stepping LRL, Kick R FWD, Step R beside L, Step L FWD

## SECTION 3: ¼ TURN L, CROSS SHUFFLE, ½ TURN R, CROSS SHUFFLE

1,2,3&4                      Step FWD R, ¼ L, Stepping on to L, Step R across L, Step L to L, Step R across L  
5,6                              ¼ Turn R Stepping back on L, Step ¼ R Stepping R to R  
7&8                              Step L over R, Step R to Side, Step L across R

## SECTION 4: HEEL & CROSS X 2, SIDE ROCK, SAILOR ¼ TURN R

1&2                              Touch R heel FWD, Step R beside L, Step L across R,  
3&4                              Touch R heel FWD, Step R beside L, Step L across R,  
5,6,7&8                      Rock R to R, Recover on to L, Step R behind L, ¼ R Stepping FWD on R

## SECTION 5: ¼ R X 2, ROCK RECOVER, COASTER

1-4                              Step FWD L, ¼ R weight on R, Step FWD L, 4 R weight on R,  
5-6                              Rock FWD L, Recover back on R  
7&8                              Step back on L, Step R beside L, Step FWD L

## SECTION 6: CHARLESTONS X 2

1-4                              Touch R toe FWD, Step back on R, Touch L toe back, Step FWD L  
5-8                              Touch R toe FWD, Step back on R, Touch L toe back, Step FWD L

## SECTION 7: SHUFFLE FWD, PIVOT ½ R, SHUFFLE FWD, FULL TURN L

1&2,3,4                      Step FWD R, Step L beside R, Step FWD L, Step FWD L Pivot ½ R Stepping FWD R  
5&6                              Step FWD L, Step R beside L, Step L FWD  
7-8                              ½ Turn L Stepping back on R, ½ Turn L Stepping L FWD

## SECTION 8: SIDE POINTS, HEELS FWD, ROCKING CHAIR

1&2&                              Point R to R, Step R beside L, Point L to L, Step L beside R  
3&4&                              R heel FWD, Step R beside L, L heel FWD, Step L beside R  
5-8                              Rock FWD R, Recover back on L, Step Back on R, Recover FWD on L

## REPEAT

### WALL 5: Dance the first 4 counts of section 3

[1,2,3&4 Step FWD R, ¼ L, Stepping on to L, Step R across L, Step L to L, Step R across L]

## ENDING: ¼ R, WALK BACK, COASTER, FWD & FWD

1-2                              ¼ Turn R Stepping back on L, Step R back  
3&4                              Step L back, Step R beside L Step L FWD  
& 5                              Step R beside L, Step L FWD

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