

# 26 Miles

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: Roger Neff (USA) - October 2018  
音樂: 26 Miles - The Four Preps



**Intro: 8 counts - NO TAGS OR RESTARTS**

**[1-8] LINDYS R AND L**

1&2,3-4      Chassé to R, Rock back on L, Recover on R  
5&6,7-8      Chassé to L, Rock back on R, Recover on L

**[9-16] CHASSE TO R, ¼ L CHASSE, CROSS-POINT X 2**

1&2,3&4      Step to R, Close L, Step to R, Turn ¼ to L and step to L, Close R, Step to L  
5-6-7-8      Step R over L, Point L toe to side, Step L over R, Point R toe to side

**[17-24] ROCK FORWARD ON R, RECOVER ON L, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD**

1-2,3&4      Rock forward on R, Recover on L, Shuffle back R,L,R  
5-6,7&8      Rock back on L, Recover on R, Shuffle forward L,R,L

**[25-32] STEP, KICK, STEP, TOUCH BACK, JAZZ BOX WITH CROSS**

1-2-3-4      Step forward on R, Kick L, Step back on L, Touch R toe back  
5-6-7-8      Step R over L, Step back on L, Step to R, Step L over R

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