

UR Learnin' those BLUES...

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4
編舞者: Val Saari (CAN) - October 2018
音樂: Learnin' the Blues - Frank Sinatra

級數: Absolute Beginner



TOE-STRUTS FORWARD X 2, RL, MAMBO RIGHT

1-2 Touch RF toes forward, Drop heel
3-4 Touch LF toes forward, Drop heel
5-6 RF Rock side right, LF recover
7-8 RF close together beside L, Hold

LF CROSS ROCK, SHUFFLE LRL PIVOT 1/4 L, RF ROCKING CHAIR

1-2 LF Cross over, RF Recover weight
3&4 Shuffle fwd LRL 1/4 Pivot L
5-6 Rock RF forward, Recover Left
7-8 Rock RF back, Recover Left

MAMBO RIGHT, MAMBO LEFT

1-4 RF Rock side right, LF recover, RF close together beside L & hold
5-8 LF Rock side left, RF recover, LF close together beside R & hold

K STEP, RF SCUFF

1-2 Step RF diagonally forward, Touch LF beside RF
3-4 Step LF diagonally back, Touch RF beside LF
5-6 Step RF diagonally back, Touch LF beside RF
7-8 Step LF diagonally forward, Scuff RF forward

REPEAT - No Tags, No Restarts

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