

I've Been Waiting For You EZ

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Alison Johnstone (AUS) & Joshua Talbot (AUS) - October 2018
音樂: I've Been Waiting For You - Amanda Seyfried, Christine Baranski & Julie Walters
: (Album: Mamma Mia! Here We Go Again. Mamma Mia! Here We Go Again
OST)



Restart: Wall 4; count 24 (very easy to hear facing front)

Start: 16 counts from beginning of song (13 seconds)

(1-8) BASIC NC R, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER SIDE, CROSS ROCK, RECOVER SIDE

1, 2& Step R to R, rock L behind R, recover weight R
3, 4& Step L to L, step R behind L, step L to L
5, 6& Cross Rock R over L, recover weight L, step R side
7, 8& Cross Rock L over R, recover weight R, step L side

(9-16) ½ PIVOT, FWD SHUFFLE, SIDE TOGETHER, FWD SHUFFLE (6.00)

1, 2 Step R fwd, ½ L taking weight L (6.00)
3&4 Step R fwd, step L together, step R fwd
5, 6 Step L to L, step R together
7&8 Step L fwd, step R together, step L fwd

(17-24) SWAY, SWAY, BEHIND, SIDE CROSS, SWAY, SWAY, BEHIND SIDE FWD

1, 2 Step R to R as you sway R, recover weight L as you sway L
3&4 Step R behind L, step L to L, step R over L
5, 6 Step L to L as you sway L, recover weight R as you sway R
7&8 Step L behind R, step R to R, step L fwd

(25-32) ROCK FWD, RECOVER, SHUFFLE BACK, BACK ROCK, RECOVER, FWD, FWD, TOGETHER

1, 2 Rock R fwd, recover weight L
3&4 Step R back, step L together, step R Back
5, 6 Rock back on L, Recover on R
7, 8& Step L fwd, step R fwd, step L together

START AGAIN

Restart: On wall 4, dance to count 24, then restart facing 12.00

ENDING: Dance through the slow music to the end of wall 7, Cross R over L, Slow unwind to the front over L

Written as a SPLIT floor for beginners to enjoy this beautiful music and still feel the flow with the main dance

Alison Johnstone - +61 404 445 076

Joshua Talbot - +61 407 533 616 jbtalbot@iinet.net.au