

# Run Free

拍數: 32      牆數: 4      級數: Improver  
編舞者: Frank Heelan (IRE) - October 2018  
音樂: The Animal Song - Savage Garden



Intro: 16 counts.

**Sec. 1: Walk, walk, shuffle, pivot ½, cross, side rock, recover.**

1-2            Walk forward, right, left.  
3&4           Forward right, left together, forward right.  
5-6           Step forward on left, pivot ½ right (Weight to right)  
7&8           Cross left over right, rock right to right side, recover to left. (6.00)

**Sec. 2: Cross side sailor step, cross side sailor step.**

1-2            Cross right over left, step left to left.  
3&4           Rock right behind, recover to left, right to right.  
5-6           Cross left over right, step right to right.  
7&8           Rock left behind, recover to right, left to left.

**Sec. 3: Rock recover, triple full turn, rock recover coaster step.**

1-2            Rock forward right recover to left.  
3&4           Full triple turn right, stepping right, left, right.  
5-6           Rock forward on left, recover to right.  
7&8           Step back left, right together, forward right. (6.00)

**Sec. 4: Walk, walk, side rock recover step, rock recover, triple ¾ left.**

1-2            Walk forward right, left.  
3&4           Rock right to right, recover to left, step forward right.  
5-6           Rock forward left, recover right.  
7&8           Triple ¾ turn left, stepping left, right, left ( 9.00)

Restart wall 3 dance the first 16 counts and restart facing 12.00.

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