

Stand By Me

COPPERKNOB
STEPSHEETS

拍數: 56

牆數: 0

級數: Phrased Intermediate / Advanced -
Non-Country

編舞者: Alyssia Vanlanguenakers & Amélie Jammart (BEL) - October 2018

音樂: "Stand by Me" by Skylar Grey (Redskine Remix)



Clockwise, Séquences : A-A - B-B-B - A-A - B-B-B - B-B

PART A: 24 counts

A: BASIC NIGHT CLUB R, STEP ¼ TURN LEFT, SWEEP FULL TURN, STEP FORWARD R, ROCK FORWARD, ¼ TURN WITH HITCH, HOLD.

- 1 RF Step to the right
- 2 LF Step next to
- & RF Cross over LF
- 3 LF Step ¼ to L (9:00)
- 4 RF Sweep full turn (9:00)
- 5 RF Step forward
- 6 LF Rock forward
- & RF Recover with hitch ¼ turn (6:00)
- 7 LF Step side L
- 8 BF Hold

A: FULL TURN HIPS, KICK, SWEEP ½ TURN, STEP RIGHT

- 9-10-11-12 BF Turn hips from left to left
- 13 RF Kick to the L
- 14-15 RF Sweep ½ turn (12:00)
- 16 RF Step side R

A: TOUCH SIDE L, BODY ROLL, TOUCH SIDE L, LOCK STEP BACK, TOUCH

- 17 LF Touch side L
- 18-19 Body roll
- 20 LF Touch side L
- 21 LF Step back
- 22 RF Cross over LF
- 23 LF Step back
- 24 RF Touch next to LF

PART B: 32 counts

B: MAMBO STEP FORWARD, MAMBO STEP BACK , DIAMOND

- 1 RF Rock forward
- & LF Recover
- 2 RF Step next to LF
- 3 LF Rock back
- & RF Recover
- 4 LF Step next to RF
- 5 RF Cross over LF
- & LF Step 1/8 back (diagonally 1:30)
- 6 RF Step back
- & LF Hitch
- 7 LF Step back
- & RF Step 1/8 (3:00)
- 8 LF Cross over RF

B: SAMBA STEP, SAMBA STEP, VOLTA ¾ TURN

9 RF Step side R
& LF Rock back
10 RF Recover
11 LF Step side L
& RF Rock back
12 LF Recover
13 RF Step ¼ turn
& LF Step next to RF
14 RF Step ¼ turn
& LF Step next to RF
15 RF Step ¼ turn
& LF Step next to RF
16 RF Step forward

B: BATUCADAS X4, HITCH, STEP BACK, OUT, HIPS ROLL

17 LF Press L forward
& LF Step back
18 RF Press R forward
& RF Step back
19 LF Press L forward
& LF Step back
20 RF Press R forward
& RF Hitch
21 RF Step back
22 LF Step out forward
23-24 Hips roll Left to right

B: CROSS SAMBA, CROSS SAMBA ¼, TOUCH BACK, FULL TURN, BODY ROLL

25 LF Cross over RF
& RF Step out
26 LF Step out
27 RF Cross over LF
& LF Step out ¼ turn (3:00)
28 RF Step out
29 LF Touch back RF
30 BF Full turn
31-32 Body roll

Contact: ameliejammart@outlook.be
