

# Beautiful Life

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Jessica Wegmann (CH) - October 2018  
音樂: Beautiful Life - Zak Abel : (iTunes)



Intro : 16 counts, dance begins on vocal « Take the broken pieces ».

## [1-8] Touches out in step cross back rock recover, touches out in step cross ¼ turn L

1-2            Touch R out to R, touch R next to L  
3&4           Step R to R side, cross rock L behind, recover R  
5-6            Touch L out to L side, touch L next to R  
7&8            Step L to L side, cross R behind L, ¼ turn L stepping L fwd

## [9-16] 2 sweeps, ¼ turn L sweep, hitch ball step

1-2            Step back on R sweeping L from front to back  
3-4            Step back on L, sweeping R from front to back  
5-6            ¼ turn L Step back on R sweeping L from front to back, step L next to R  
7&8            Hitch R knee up, step R foot in place, step L foot in place (06:00)

Restart wall 3 facing 12 o'clock

## [17-24] 1/8 turn R to R diagonal cross touch, cross touch, jazz box

1-2            1/8 turn R to R diagonal crossing R over L, point L to L side  
3-4            crossing L over R, point R to R side  
5-6            Cross R over L, step L back  
7-8            Step R to R side, walk L fwd (07:30)

## [25-32] Rock recover step R & L, 1 turn ½ turn R (01:30)

1-2&           Rock R fwd, recover L back, step R next to L  
3-4&           Rock L fwd, recover R back, step L next to R  
5-6            ¼ turn R stepping R to R side, ½ turn R stepping L to L side  
7-8            ½ turn R stepping R to r side, ¼ turn R stepping L fwd (01:30)

## [33-40] 2 samba steps, cross R 7/8 turn L knee popping 4x (03:00)

1&2            Cross R over L, step L to L side, step R to R side  
3&4            Cross L over R, step R to R side, step L to L side  
5-6            Cross R over L, ¼ turn L lifting heels bending knees  
7-8            ¼ turn L lifting heels bending knees, ¼ turn L lifting heels bending knees, weight on L

## [41-48] Hitch ball point R&L, 4 heel touches fwd

1&2            Hitch R, step R, point L to L side  
3&4            Hitch L, step L, point R to R side  
5&6&           Touch R heel, step together, touch L heel, step together  
7&8&           Touch R heel, step together, touch L heel, step together

## [49-56] 2 Dorothy steps, Rocking chair

1-2&           Step R to R diagonal fwd, cross L behind R, step R to R diagonal fwd  
3-4&           Step L to L diagonal fwd, cross R behind L, step L to L diagonal fwd  
5-6            Rock R fwd, recover L back  
7-8            Rock R back, recover L fwd

## [57-64] Full turn pivot to the L, Paddle full turn L

1-2            Step R fwd, ½ turn L stepping L fwd  
3-4            Step R fwd, ½ turn L stepping L fwd

5&6& Step R,  $\frac{1}{4}$  turn L stepping L in place, Step R,  $\frac{1}{4}$  turn L stepping L in place  
7&8& Step R,  $\frac{1}{4}$  turn L stepping L in place, Step R,  $\frac{1}{4}$  turn L stepping L in place

Enjoy !

Last Update - 6th Dec. 2018

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