拍數： 48 病數： 4 級數：Intermediate
編舞者：Neville Fitzgerald（UK）\＆Julie Harris（UK）－October 2018
音樂：Moves（feat．Snoop Dogg）－Olly Murs


Starts．． 16 Counts on Vocals
Sequence ．．48，32， 4832 To End．
Step Touch，Step Touch，Step Touch，Side，Back Rock，Side，Behind，1／4，Step．
1\＆2\＆Step Left forward diagonal Left，touch Right next to Left，Step Right forward diagonal，Right， touch Left next to Right
$3 \& 4$ Step Left forward diagonal Left，touch Right next to Left，Step Right a large step to Right side．
5\＆6 Cross rock Left behind Right，recover on Right，step Left to Left side．
\＆7－8 Cross step Right behind Left，make 1／4 turn to Left stepping forward on Left，step forward on Right．（9：00）

Mambo Step，Bounce，Bounce，Step，Back，Behind \＆Cross

1\＆2 Rock forward on Left，recover on Right step back on Left．
3－4 Step back on Right as you Bounce／Sit down into Right x2．
（Bounce smoothly down \＆up \＆down again slightly sitting．．knees bend／dip）
5－6 Step／Slight Jump forward onto Left as Right toe touches behind，step back onto Right as Left sweeps out．
$7 \& 8$ Cross step Left behind Right，step Right to Right side，cross step Left over Right．
Cross，Side，Back，Back，Side，Forward（1／2 turning Circle）Step，1／2，1／4 Rock \＆Cross．
1\＆2 Make $1 / 8$ turn to Right stepping Right forward \＆slightly across Left，1／8 turn Right stepping Left to Left side， $1 / 8$ turn to Right stepping back on Right
3\＆4 Step back on Left，1／8 turn to Right stepping Right to Right side，step forward Left．（3：00）
5－6 Step forward on Right，make $1 / 2$ turn to Right stepping back on Left．（9：00）
$7 \& 8 \quad 1 / 4$ turn to Right rocking Right to Right side，recover on Left，cross step Right over Left． （12：00）

Side，Back Rock，Side，Back Rock，Side， $1 / 4$ Sailor Cross \＆Cross．
1－2\＆Step Left to Left side，cross rock Right behind Left，recover on Left．
3－4\＆Step Right to Right side，cross rock Left behind Right，recover on Right，
$5 \quad$ Step Left to left side．
6\＆7\＆8 Make 1／4 turn to Right cross stepping Right behind Left，step Left to Left side，cross step Right over Left，step Left to Left side，cross step Right over Left．（3：00）＊R＊

Step Lock \＆Step Lock Step，Step Lock \＆1／4，Together．
1－2\＆Step Left forward diagonal Left，lock Right behind Left，step Left forward diagonal Left．
3\＆4 Step Right forward diagonal Right，lock Left behind Right，step Right forward diagonal Right．
（note timing 1－4）
5－6\＆Step Left forward diagonal Left，lock Right behind Left，step Left forward diagonal Left．
7－8 Make 1／4 turn to Left stepping Right a large step to Right side，step Left next to Right as Right sweeps out．（12：00）

Behind，Side，Cross，1／4，1／2，Mambo Step，1／2，Drag Touch．

| 1\＆2 | Cross step Right behind Left，step Left to Left side，cross step Right over Left． |
| :--- | :--- |
| 3－4 | Make $1 / 4$ turn to Right stepping back on Left， $1 / 2$ turn to Right stepping forward on Right． <br> （9：00） |
| $5 \& 6$ | Rock forward on Left，recover on Right，step back on Left． |
| $7-8$ | Make 1／2 turn to Right stepping forward on Right，drag Left to touch next to Right．（3：00） |

Restart on Walls 2 \& 4, and all Walls to the End of Dance :)
Only Walls 1 \& 3 Have 48 Counts .
Last Update - 3rd Nov. 2018

