

Good-Bye, Good GOODY GIRL

COPPERKNOB
STEPSHEETS

拍數: 52 牆數: 1 級數: Phrased Beginner
編舞者: Val Saari (CAN) - October 2018
音樂: Prelude: Thoroughly Modern Millie - Julie Andrews



PHRASED SEQUENCE: AA BB (TAG 1) AA (TAG1,2) BB A

PART A: 16 Counts

AS:1 MODIFIED TOE TRIANGLE, SAILOR STEP X 2, (R,L)

1-2 Touch RF toes forward, Touch RF toes to R side
3&4 Sailor Step RLR
5-6 Touch LF toes forward, Touch LF toes to L side
7&8 Sailor Step LRL

AS:2 WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back, LF, RF
7&8 Rock back on LF, Recover RF, Step LF beside right

PART B: 36 Counts

BS:1 VINE RIGHT, SYNCOPATED SCISSORS/ VINE LEFT, SYNCOPATED SCISSORS

1-2 Step RF to right side, Step LF behind R
3&4 Rock RF to right side, Recover LF, Cross RF over left
5-6 Step LF to left side, Step RF behind L
7&8 Rock LF to left side, Recover RF, Cross LF over right

BS:2 RF CHARLESTON FORWARD, LF CHARLESTON BACK X 2, FLICK

1-2 Sweep RF toes round to touch forward, Sweep RF toes back
3-4 Sweep LF toes round to touch back, Sweep LF toes forward
5-6 Sweep RF toes round to touch forward, Sweep RF toes back
7-8& Sweep LF toes round to touch back, Sweep LF toes forward, Flick R heel up (&)

BS:3 SHUFFLE FWD, RLR, LRL, RF PIVOT 1/2 L, 1/4 L

1&2 Step RF forward, Step LF beside R, Step RF forward
3&4 Step LF forward, Step RF beside L, Step LF Forward
5-6 Step RF forward, Pivot 1/2 L (weight on LF)
7-8 Step RF forward, Pivot 1/4 L (weight on LF)

BS:4 CROSS MAMBO R&L 1/4 PIVOT L

1&2 RF Cross over, LF Recover weight, RF Step together
3&4 LF Cross over, RF Recover weight, LF step 1/4 pivot L

BS:5 WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back, LF, RF
7&8 Rock back on LF, Recover RF, Step LF beside right

TAG 1: 4 Counts

HIP BUMPS (RLRL)

1-2 Thrust hips Right, Left
3-4 Thrust hips Right, Left

TAG 2: 4 Counts

V-STEP

1-2 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
3-4 RF back to center , LF touch to right instep

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