Fun For All (With A Twist)

COPPER KNOB

拍數: 32

牆數:4

級數: Beginner

編舞者: Sue Ann Ehmann (USA) & Dancin' Dean (USA) - July 2014

音樂: Perm - Bruno Mars

Tag (the twist part) as described below

Note from Sue Ann: "Fun for All" (Counts 1-32 below) was written as a dance that could be done to lots of different songs – from oldies to current, country to pop. The song choices are up to you. It works with nearly everything and every tempo.

"Fun for All (With a Twist)" goes specifically to the song "Perm" with the added motions, the "twist" part, coming in at certain parts of the song as described below. Thanks Dancin' Dean for putting this fun "twist" to the dance!

SIDE STEP TOUCHES (4X)

- 1-4 Step right to side, touch left beside right, step left to side, touch right beside left
- 5-8 Step right to side, touch left beside right, step left to side, touch right beside left

VINE RIGHT, SCUFF, VINE LEFT 1/4 TURN, SCUFF

- 1-4 Step right to side, step left behind right, step right to side, scuff left
- 5-8 Step left to side, step right behind left, turning 1/4 left step left forward, scuff right (9:00)

ROCKING CHAIR (2X)

- 1-4 Rock right forward, recover left, rock right back, recover left
- 5-8 Rock right forward, recover left, rock right back, recover left*

*Add the TAG here in the midst of wall 9

TOE STRUTS FORWARD (4X)

- 1-2 Touch right toe forward, drop right heel as you put weight onto right foot
- 3-4 Touch left toe forward, drop left heel as you put weight onto left foot
- 5-6 Touch right toe forward, drop right heel as you put weight onto right foot
- 7-8 Touch left toe forward, drop left heel as you put weight onto left foot

BEGIN AGAIN!

TAG: Wall 9 starts facing 12:00 and there will be a music change. Start dance and go all the way up through the rocking chairs. You will be facing 9:00. Proceed with the toe struts adding finger snaps on counts 4 & 8 as described below.

Section 1 - TOE STRUTS FORWARD (4X) - WITH FINGER SNAPS

- 1-4 Touch right toe forward, drop right heel
- 3-4 Touch left toe forward, drop left heel and snap fingers (either hand) around shoulder height
- 5-6 Touch right toe forward, drop right heel as you put weight onto right foot
- 7-8 Touch left toe forward, drop left heel and snap fingers (either hand) around shoulder height

(MUSIC says: Lean, Lean, Sheen, Sheen, Tap Tap Tap...Tap Tap Tap)

Section 2 - LEAN, LEAN, SHEEN, SHEEN

- 1-2 LEAN Lean Upper body Right and push left palm out to left side
- 3-4 LEAN Lean Upper body to left and push right palm out to right side
- 5-6 SHEEN Lean Upper body to right slightly angled to left, do hair brush with left hand over your hair
- 7-8 SHEEN Lean Upper body to left slightly angled to right, do hair brush with right hand over your hair



Section 3 - VINE RIGHT WITH HAND TAPS, HOLD, VINE LEFT 1/4 TURN WITH HAND TAPS, HOLD

- 1-4 TAP TAP TAP HOLD Place finger tips on temples (Right hand on right temple, left hand on left temple) while stepping right to right side (1), Cross arms on chest (right finger tips on left shoulder and left finger tips on right shoulder) while stepping left behind right (2), Place hands on side of hips (Right hand on right hip, left hand on left hip) while stepping right to right (3), HOLD (4) facing 9:00tep right to side, step left behind right, step right to side, scuff left
- 5-8 TAP TAP TAP HOLD Place finger tips on temples (Right hand on right temple, left hand on left temple) while stepping left to left side (5), Cross arms on chest (right finger tips on left shoulder and left finger tips on right shoulder) while stepping right behind left (6), Place hands on side of hips (Right hand on right hip, left hand on left hip) while stepping left with 1/4 turn left (7), HOLD (8) Facing 6:00

Section 4 - ROCKING CHAIR (2X)

1-8 Rock right forward, recover, rock right back, recover, rock right forward, recover, rock right back, recover

REPEAT Sections 1-3 of Tag. You will be facing 3:00. Resume main dance from Rocking Chairs on.

Have fun with "Fun for All (with a Twist)"!

Main Dance choreographed by Sue Ann Ehmann (July 2014) SueAnn5678@gmail.com (With a Twist) choreographed by Dancin' Dean (July 2018) dancindean@rocketmail.com