Faye's Sway (Waltz) (P)

拍數: 24   **牆數:** 0   **級數:** Beginner Partner

編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - October 2018

音樂: It Was Me - Jamey Johnson

A progressive circle waltz for partners and individuals

Note: Steps are written for partners, but are mostly the same for both partners except where noted. Individuals may find they have to accommodate slightly for the turning steps, but this can be done intuitively.

Starting position: Side-by-side with Lead (LD) on L and Follow (FW) on R facing Line of Dance (LOD). R hands of both partners behind on R hip of FW and L hands joined in front to L side.

WALK FWD LF, RF, LF, RF, LF, RF (TRAVEL BY PASSING THE FEET)

1-3	Walk forward on LF, walk forward on RF, walk forward on LF
4-6	Walk forward on RF, walk forward on LF, walk forward on RF with toe out to R and bank R to prep for couples spiral turn R

SPIRAL TURN 1 ¼ R TO FACE OUTSIDE LOD (WALL)

1-3	Step around to R on LF, step around to R on RF, step around to R on LF (LD steps around in a bigger arc then FW; FW is the center of the spiral and steps should get progressively smaller)
4-6	Continue to spiral around R on RF, LF, RF to complete a 1 ¼ turn and end facing outside LOD (wall) with LD slightly to FW's R side

Variation: LD raises L hand and leads an outside turn for FW on 4-6.

BUMP HIPS L, R, L, PIVOT ½ L TO FACE INSIDE LOD (CENTER) AND BUMP HIPS R, L, R

1-3	Bump L hip L (1), bump R hip R (2), bump L hip L (3), pivot ½ L on ball of LF so partners are facing inside LOD (center) with LD behind FW and slightly to FW's L side (&)
4-6	Bump R hip R, bump L hip L, bump R hip R (at end of 6 LD should prep L turn by moving joined L hands slightly toward L)

COUNTERCLOCKWISE ¾ ROTATION TO FACE LOD

1-3	Step around to L on LF, step around to L on RF, step around to L on LF (FW steps around in a bigger arc than LD; LD is the center of the turn and starts stepping by bringing LF beside RF and then small steps in place or backward)
4-6	Continue to turn L stepping RF, LF, RF to complete a 3/4 turn L and end facing LOD

START OVER