

Urban Cowboy

拍數: 72 牆數: 4 級數: Intermediate
編舞者: Aleix, Pere, Núria, Gina, Claudia & Jonatan - 2005
音樂: Don't Know Why I Do It - Mark Chesnutt



Step sheet by: Xavi Barrera

SWIVELS, STOMP, SWIVELS, STOMP

- 1- Move right toe to the right
- 2- Move right heel to the right
- 3- Move right toe to the right
- 4- Stomp left beside the right
- 5- Move left toe to the left
- 6- Move left heel to the left
- 7- Move left toe to the left
- 8- Stomp right beside the left

KICK, STOMP, FLICK, STOMP, ½ TURN SHUFFLE, ½ TURN ROCK STEP

- 9- Kick right forward
- 10- Stomp right beside the left
- 11- Flick right back
- 12- Stomp right beside the left
- 13- Step right forward, turning ¼ turn to the left at the same time
- &- Step left beside the right
- 14- Step right to the right, turning ¼ turn to the left at the same time
- 15- Rock left back, turning ½ turn to the left at the same time
- 16- Recover your weight on to the right

½ TURN SUFFLE, STOMP x 2, ¼ TURN HEEL-TOE COMBIANTION

- 17- Step left back, turning ¼ turn to the left at the same time
- &- Step right beside the left
- 18- Step left to the left, turning ¼ turn to the left at the same time
- 19- Stomp right beside the left
- 20- Stomp left beside the right
- 21- Touch right heel forward
- 22- Jumping, step right in place and touch left toe back at the same time
- 23- Jumping, step left in place, and touch right back, turning ¼ turn to the left at the same time
- 24- Jumping, step right in place and touch left heel forward at the same time

LOWER, SCUFF, HEEL x 2, STEP x 2, STOMP x 2

- 25- Lower left
- 26- Scuff right beside the left
- 27- Step on the right heel, diagonally right-forward
- 28- Step on the left heel, diagonally left-forward
- 29- Step right back
- 30- Step left beside the right
- 31- Stomp right beside the left
- 32- Stomp tight beside the left

¼ TURN STEP, HOLD, ½ TURN PIVOT, STEP, HOLD, ½ TURN PIVOT

- 33- Step right to the right
- 34- Hold

- 35- Touch left forward
- 36- Pivot ½ turn to the right, on to the right foot
- 37- Step left forward
- 38- Hold
- 39- Touch right forward
- 40- Pivot ½ turn to the left, on to the left foot

ROCK STEP, SLOW COASTER STEP, SCUFF, 2 COUNTS ¼ TURN KICK, ¼ TURN STEP, HOLD

- 41- Rock right forward
- 42- Recover your weight on to the left
- 43- Step right back
- 44- Step left beside the right
- 45- Step right forward
- 46- Scuff left beside the right
- 47- Kick left forward
- 48- Turn ¼ turn to the left, keeping the left raised
- 49- Step left to the left, turning ¼ turn to the left at the same time
- 50- Hold

JAZZBOX-CROSS, ROCK STEP

- 51- Cross right over the left
- 52- Step left short-back
- 53- Step right to the right
- 54- Cross left over the right
- 55- Rock right to the right
- 56- Recover your weight on to the left

¾ TURN SLOW COSATER STEP, SCUFF, WAVE

- 57- Step right back, turning ½ turn to the right at the same time
- 58- Step left beside the right
- 59- Step right to the right, turning ¼ turn to the right at the same time
- 60- Scuff left beside the right
- 61- Cross left over the right
- 62- Step right to the right
- 63- Cross left behind the right
- 64- Step right to the right

CROSS, ROCK STEP, CROSS, STEP, TOGETHER, STEP, STOMP

- 65- Cross left over the right
- 66- Rock right to the right
- 67- Recover your weight on to the left
- 68- Cross right over the left
- 69- Step left long to the left
- 70- Step right beside the left
- 71- Step left back
- 72- Stomp right beside the left

Restart

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