

# I'M All about that Bass...

**COPPER KNOB**  
BY SHEETS

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: Val Saari (CAN) - October 2018  
音樂: All About That Bass - Meghan Trainor



## **FORWARD HIP STRUTS X 2 (R,L), MAMBO R**

1-2      Touch RF toes forward, Drop heel (bump hips R,L,R)  
3-4      Touch LF toes forward, Drop heel (bump hips L,R,L)  
5-6      Rock to right side on RF, Recover LF  
7-8      Step RF beside L, hold

## **FORWARD HIP STRUTS X 2 (L,R), MAMBO L**

1-2      Touch LF toes forward, Drop heel (bump hips L,R,L)  
3-4      Touch RF toes forward, Drop heel (bump hips R,L,R)  
5-6      Rock to left side on LF, Recover RF  
7-8      Step LF beside R, hold

## **SHUFFLE BACK RLR, LRL PIVOT 1/4 L, R ROCKING CHAIR**

1&2      Shuffle back RLR  
3&4      Shuffle back LRL Pivot 1/4 L  
5-6      Rock RF forward, Recover LF  
7-8      Rock RF back, Recover LF

## **MAMBO RIGHT, MAMBO LEFT**

1-4      RF Rock side right, LF recover, RF close together beside L & hold  
5-8      LF Rock side left, RF recover, LF close together beside R & hold

**REPEAT - No Tags, No Restarts**

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