

Step 2 It

拍數: 68 牆數: 2 級數: Fun Improver
編舞者: Dee Musk (UK) & Tina Jul (DK) - October 2018
音樂: 7" Singles - Paul Heaton & Jacqui Abbott : (Album: The Last King of Pop.)



Intro: 16 Counts.

Right Heel Hook, Side Rock, Recover, Right Kick, Kick, Side Touch.

1-4 Touch R heel forward, hook R in front of L, rock R to R side, recover weight to L.
5-8 Kick R across L, repeat on count 6, step R to R side, touch L beside R.

Left Heel, Hook, Side Rock, Recover, Left Kick, Kick, Side Touch.

1-4 Touch L heel forward, hook L in front of R, rock L to L side, recover weight to R.
5-8 Kick L across R, repeat on count 6, step L to L side, touch R beside L.

Right Side, Behind, ¼ Turn Right, Brush, Left Forward, Together, Back, Hold.

1-4 Step R to R side, cross L behind R, make ¼ turn R, brush L forward.
5-8 Step forward on L, step R beside L, step back on L, hold count 8.

Run Back R,L,R, Hold, Left Back, Together, Forward, Brush.

1-4 Run back R, L, R, hold count 4.
5-8 Step back on L, step R beside L, step forward on L, brush R forward.

Right Lock Step Forward, Brush, Step ¼ Right, Cross, Hold.

1-4 Step forward on R, cross L behind R, step forward on R, brush L forward.
5-8 Step forward on L, make ¼ turn R, cross L over R, hold count 8.

Right Rumba Box Back, Touch, Left Rumba Box Forward, Touch.

1-4 Step R to R side, step L beside R, step back on R, touch L beside R.
5-8 Step L to L side, step R beside L, step forward on L, touch R beside L.

Point, ¼ Turn Right, Point, Together, Point ¼ Right, Left Side Rock, Recover.

1-4 Point R to R side, make ¼ turn R stepping R beside L, point L to L side, step L beside R.
5-8 Point R to R side, make ¼ turn R stepping R beside L, rock L to L side, recover weight to R.

Left Jazz Box ¼ Turn Left, x 2.

1-4 Cross L over R, make ¼ turn L stepping back on R, step L to L side, step forward on R
5-8 Cross L over R, make ¼ turn L stepping back on R, step L to L side, step R beside L.

Heel Twists Right x 2.

1-4 Twist both heels R, return to centre, repeat for counts 3,4.

TAG: 20 Count Tag – End of wall 3 – facing 6 o'clock wall. Begin again.

Right Rumba Box Forward, Touch, Left Rumba Box Back, Touch.

1-4 Step R to R side, step L beside R, step forward on R, touch L beside R.
5-8 Step L to L side, step R beside L, step back on L, touch R beside L.

Right Rumba Box Back, Touch, Left Rumba Box Forward, Together.

1-4 Step R to R side, step L beside R, step back on R, touch L beside R.
5-8 Step L to L side, step R beside L, step forward on L, step R beside L.

Heel Twists Right x 2.

1-4 Twist both heels to R, return to centre, repeat for counts 3,4.

Have Fun!

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