

Bound Ta Git Down

拍數: 96 牆數: 4 級數: Intermediate
編舞者: Rob Fowler (ES) - September 2018
音樂: Bound ta Git Down - Shooter Jennings



Intro: 32 – BPM: 180 (approx.)

S1: Stomp Fwd R Toe In, Out, In, Fwd, Stomp Fwd L Toe In, Out, In, Fwd

1-4 Stomp R fwd with R toe pointed in, fan R toe out, fan R toe in, fan R toe fwd (taking weight)
5-8 Stomp L fwd with L toe pointed in, fan L toe out, fan L toe in, fan L toe fwd (taking weight)

S2: Stomp Fwd R, Hold, ¼ Turn L, Hold, R Jazz Box

1,2 Stomp fwd R, hold
3,4 Pivot ¼ turn L, hold
5,6 Cross R over L, step back L
7,8 Step R to R side, step fwd L (9 o'clock)

RESTART 2 WALL 5 (after instrumental)

S3: Dwight Yoakam Steps Travelling R, Kick, Behind, Side, Cross, Brush

1,2 Twisting L heel R touch R toes next to L, twisting L toes R touch R heel to R
3,4 Twisting L heel R touch R toes next to L, twisting L toes R kick R to R diagonal
5,6 Step R behind L, step L to L side
7,8 Cross R over L, brush L fwd

S4: Touch L Out, In, Out, Stomp L, Kick L, L Behind, ¼ Turn R, Step Fwd L

1,2 Touch L to L side, touch L next to R
3,4 Touch L to L side, stomp L next to R (no weight)
5,6 Kick L to L diagonal, step L behind R
7,8 Make ¼ turn R stepping fwd R, step fwd L (12 o'clock)

S5: Kick Ball Step, Stomp, Clap, x2

1&2 Kick R fwd, step R next to L, step fwd L
3,4 Stomp R fwd, clap
5&6 Kick L fwd, step L next to R, step fwd R
7,8 Stomp fwd L, clap

S6: Chase Turn L, Hold, Chase Turn R, Stomp

1,2 Step fwd R, pivot ½ turn L
3,4 Step fwd R, hold
5,6 Step fwd L, pivot ½ turn R
7,8 Step fwd L, stomp R next to L (no weight)

S7: ½ Monterey Turn x2

1,2 Touch R to R side, make ½ turn R stepping R next to L
3,4 Point L to L side, step L next to R
5-8 Repeat 1-4

S8: Switch Steps

1,2 Touch R heel fwd, hold
&3,4 Step R next to L, making ¼ turn L touch L heel fwd, hold
&5&6 Step L next to R, making ¼ turn L touch R heel fwd, step R next to L, touch L heel fwd
&7,8 Step L next to R, touch R heel fwd, hook R in front of L (6 o'clock)

S9: R Step, Lock, Step, Brush, L Step, Lock, Step, Touch

- 1,2 Step R diagonally fwd R, lock L behind R
- 3,4 Step R diagonally fwd, brush L
- 5,6 Step L diagonally fwd L, lock R behind L
- 7,8 Step L diagonally fwd L, touch R behind L

S10: Step Back Diagonally R, Touch L & Clap, Step Back Diagonally L, Touch R & Clap, x2

- 1,2 Step R back diagonally R, touch L next to R and clap
- 3,4 Step L back diagonally L, touch R next to L and clap
- 5,6 Step R back diagonally R, touch L next to R and clap
- 7,8 Step L back diagonally L, touch R next to L and clap

RESTART 1: WALL 2 (after instrumental)

S11: Vine R, Touch L, Vine L Making ¼ Turn L, ¼ Turn L Brush

- 1,2 Step R to R side, step L behind R
- 3,4 Step R to R side, touch L next to R
- 5,6 Step L to L side, step R behind L
- 7,8 Make ¼ turn L stepping fwd L, make ¼ turn L brushing R (12 o'clock)

S12: R Chasse, Rock Step, L Vine ¼ Turn, Brush

- 1&2 Step R to R side, step L next to R, step R to R side
- 3,4 Rock back L, recover on R
- 5,6 Step L to L side, step R behind L
- 7,8 Make ¼ turn L stepping fwd L, brush R (9 o'clock)

Start Over
