

拍數: 32 牆數: 4 級數:

編舞者: Lisa Bodnar (USA) - October 2018 音樂: Boots - Jessie James Decker



## Alternative music: "Jezebel" by Karyn Rochelle

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1-2 Walk R forward, Walk L forward

Tap R toe near the heel of the L foot (3), give a little hop back to style on the "&" count (the

hop can be created by a push off using that tap and rock back onto R foot completing a full weight transfer to R(4). (If you aren't comfortable with a little tap and hop, just tap and rock

back on the whole counts.)

5&6 Step L foot back, bring R foot to left foot and step L foot forward

7 Donkey kick R leg back

8 Complete a ½ turn over your right shoulder by turning on your L foot to the R. R foot will stay

in the air for (8) and weight continues to be on the L. (If this is difficult tap your R toe back and maintain contact with the floor to use it as a stabilizer on the  $\frac{1}{2}$  turn done using only your

L foot)

## [9-16]: R TOE STRUT, L TOE STRUT, TRAVELING SIDE TOUCHES

Touch R toe forward and step down on the heel, transferring weight to R (moving forward).
Touch L toe forward and step down on the heel, transferring weight to L (moving forward).
Point R toe out to R side, bring R foot to home (next to L) and step onto R while switching to point L toe out to L side.

Repeat toe points to the R and the L. (\*You will be traveling backwards for the side touches.)

## [17-24]: HIP SWAYS, SIDE SHUFFLES

&17-18 On "&" bring L foot that is pointed out to side in to home and step R foot out to R side while transferring weight onto R leg and swaying hip to the right as you step out to a shoulder width

stance (17), keeping feet shoulder width apart, sway hip to L on (18)

19&20 Swing hip back to R side as you step R foot out to side and guickly slide/step L to meet R

and step the R foot out to the R side again. (weight goes to R) (\*Looks like a side skip)

21-22 Sway hip to L side, then back to R side (weight goes to R leg)

23&24 Push off the R leg while stepping L foot to L side, bringing R foot to meet it and quickly

slide/step L foot out to L side again (weight transfers to the L leg) (\*Looks like a side skip)

## [25-32]: TAP, ½ MILITARY TURN, TAP, ½ TURN, R SAILOR STEP, ¼ TURN LEFT SAILOR STEP

Tap R toe back

26 ½ turn over your right shoulder and step forward onto R foot

27-28 Bring L toe forward to tap next to R foot and continue to make another ½ turn over your R

shoulder, stepping back onto your L foot (you will now have made a full turn)

29&30 R sailor step by bringing the R foot behind the L, step the L quickly out to the side taking the

weight on the ball of your foot, and transferring it back onto the R

As you bring the L foot behind the R for the L sailor step, make ¼ turn to your L, step the R

quickly out to the side to take the weight on the ball of the foot and shift it back onto the L to

finish the step.

RESTART: You will finish 1 full wall, do the first 16 counts and restart. (Restart wall will be the 3:00 wall from the original home wall of dance - after completing the 16 counts you will actually be facing the 9:00 wall direction.

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<sup>\*\*</sup>If you dance by music, it is the start of the first chorus.

