

Boots

拍數: 32 牆數: 4 級數:
編舞者: Lisa Bodnar (USA) - October 2018
音樂: Boots - Jessie James Decker



Alternative music: "Jezebel" by Karyn Rochelle

[1-8]: WALKS, TOE TAP RECOVER, L COASTER STEP, KICK BACK ½ TURN

- 1-2 Walk R forward, Walk L forward
- 3&4 Tap R toe near the heel of the L foot (3), give a little hop back to style on the "&" count (the hop can be created by a push off using that tap and rock back onto R foot completing a full weight transfer to R(4). (If you aren't comfortable with a little tap and hop, just tap and rock back on the whole counts.)
- 5&6 Step L foot back, bring R foot to left foot and step L foot forward
- 7 Donkey kick R leg back
- 8 Complete a ½ turn over your right shoulder by turning on your L foot to the R. R foot will stay in the air for (8) and weight continues to be on the L. (If this is difficult tap your R toe back and maintain contact with the floor to use it as a stabilizer on the ½ turn done using only your L foot)

[9-16]: R TOE STRUT, L TOE STRUT, TRAVELING SIDE TOUCHES

- 9-10 Touch R toe forward and step down on the heel, transferring weight to R (moving forward).
- 11-12 Touch L toe forward and step down on the heel, transferring weight to L (moving forward).
- 13&14 Point R toe out to R side, bring R foot to home (next to L) and step onto R while switching to point L toe out to L side.
- 15&16 Repeat toe points to the R and the L. (*You will be traveling backwards for the side touches.)

[17-24]: HIP SWAYS, SIDE SHUFFLES

- &17-18 On "&" bring L foot that is pointed out to side in to home and step R foot out to R side while transferring weight onto R leg and swaying hip to the right as you step out to a shoulder width stance (17), keeping feet shoulder width apart, sway hip to L on (18)
- 19&20 Swing hip back to R side as you step R foot out to side and quickly slide/step L to meet R and step the R foot out to the R side again. (weight goes to R) (*Looks like a side skip)
- 21-22 Sway hip to L side, then back to R side (weight goes to R leg)
- 23&24 Push off the R leg while stepping L foot to L side, bringing R foot to meet it and quickly slide/step L foot out to L side again (weight transfers to the L leg) (*Looks like a side skip)

[25-32]: TAP, ½ MILITARY TURN, TAP, ½ TURN, R SAILOR STEP, ¼ TURN LEFT SAILOR STEP

- 25 Tap R toe back
- 26 ½ turn over your right shoulder and step forward onto R foot
- 27-28 Bring L toe forward to tap next to R foot and continue to make another ½ turn over your R shoulder, stepping back onto your L foot (you will now have made a full turn)
- 29&30 R sailor step by bringing the R foot behind the L, step the L quickly out to the side taking the weight on the ball of your foot, and transferring it back onto the R
- 31&32 As you bring the L foot behind the R for the L sailor step, make ¼ turn to your L, step the R quickly out to the side to take the weight on the ball of the foot and shift it back onto the L to finish the step.

RESTART: You will finish 1 full wall, do the first 16 counts and restart. (Restart wall will be the 3:00 wall from the original home wall of dance - after completing the 16 counts you will actually be facing the 9:00 wall direction.

****If you dance by music, it is the start of the first chorus.**

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