

Treat You Better

拍數: 64 牆數: 2 級數: Improver
編舞者: Melvin Tan (MY) - September 2018
音樂: Treat You Better - Shawn Mendes



Dance Start after 16 counts

Section 1: (Step, Hold) x3, Step Together

1 2 Step on RF, Hold (weight on Right)
3 4 Change weight to Left, Hold
5 6 Change weight to Right, Hold
7 8 Step LF next to RF, Hold

Section 2: (Step, Hold) x3, Step Together

1 2 Step LF to L, Hold (weight on Left)
3 4 Change weight to Right, Hold
5 6 Change weight to Left, Hold
7 8 Step RF next to LF, Hold

Section 3: Back Step Touch, Forward Step Touch, Back Step Touch

1 & Step RF back diagonally R, Touch LF next to RF
2 & Step LF back diagonally L, Touch RF next to LF
3 & 4 Step RF forward diagonally R, Lock LF behind RF, Step RF forward diagonally R,
5 & Step LF forward diagonally L, Touch RF next to LF
6 & Step RF back diagonally R, Touch LF next to RF
7 & 8 Step LF back diagonally L, Lock RF in front of LF, Step LF back diagonally L

Section 4: Right Vine, Touch & Touch, Left Vine, Touch & Touch

1 & 2 & Step RF to R, Step LF behind, Step RF to R, Touch LF next to RF
3 & 4 Touch LF out, in, out
5 & 6 & Step LF to L, Step RF behind, Step LF to L, Touch RF next to LF
7 & 8 Touch RF out, in, out

Section 5: Step Back & Hitch, Sailor Step, Hold, Hip Bump

1 & Step RF behind (weight on Right, hitch LF), Step on ball on LF (facing 1:30)
2 Step on ball on RF (weight on Right, hitch LF)
3 & 4 Sweep LF back, Step RF next to LF, Step LF to L (facing 12:00)
5 6 Point both hand forward, put both hands on chest
7 & 8 Bump hip to Left & Left

Section 6: Step Touch, Lock Step

1 & Step RF diagonally forward, Touch LF next to RF,
2 & Step LF diagonally forward, Touch RF next to LF
3 & 4 Step RF diagonally forward, Lock LF behind RF, Step RF diagonally R
5 & Step LF diagonally back, Touch RF next to LF
6 & Step RF diagonally back, Touch LF next to RF
7 & 8 Step LF diagonally back, Lock RF behind LF, Step LF diagonally L

Section 7: Forward Shuffle, 1/4Turn Side Chasse x2, Side Chasse

1 & 2 Forward Shuffle on RF,LF,RF (12:00)
3 & 4 1/4L Turn Left Chasse on LF,RF, LF (9:00)
5 & 6 1/4L Turn Right Chasse on RF,LF,RF (6:00)

7 & 8 Left Chasse on LF,RF, LF (6:00)

Section 8: (Touch, Touch, Step)x2 , Kick Ball Touch x2

1 & 2 Touch RF 2 times, Step RF to R

3 & 4 Touch LF 2 times, Step LF to L

5 & 6 Kick RF Forward, Step on ball on RF, Touch LF to L

7 & 8 Kick LF Forward, Step on ball on LF, Touch RF to R

Tag: 16 counts Tag on Wall 3 (facing 12:00)

Repeat Section 6 - Twice

ENJOY!

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